**Two Track Hybrid: Nutritional Playbook and Forgiveness and Reconnection Playbook**

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| **Continue to Monitor Round One Safety Plan of "Lights On"**Maintain current risk level of a "1" or "2" through: * Parent self-report,
* What is witnessed by FST therapist during home visits, and
* Regular check-ins with DSS caseworker
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| **Nutritional Playbook** | **Forgiveness and Reconnection Wound Playbook** |
| **Who:** * Mom, Jamal, FST therapist, Mom's Pastor and targeted congregation members

**What:*** Used Basic Dietary Guidelines for Good Nutrition Handout to assess current nutritional level. Total score = 9 which indicated that major dietary changes were recommended
* Based on the handout, the following were the areas of concern:
	+ Insufficient water intake per day
	+ Insufficient protein intake per day
	+ No breakfast most days and if breakfast, only sugar cereals and fruit juice
	+ No multivitamin
	+ Heavy sugar intake per day

**When:​*** Follow Basic Dietary Guidelines for Good Nutrition Handout as experiment for next 30 days to see if positive impact in school and at home.

**Where:​*** At Mom's House ​

**How:​*** Pastor will meet with his church staff to help jump start the family with nutritional food budget for next 30 days
* A "nutritional parent mentor" will be asked from the congregation to help mom with grocery shopping and will help mom prepare nutritious meals for the week in Tupperware containers to be served each meal along with a multi-vitamin and 2 liter water bottle
* FST therapist will set up a behavioral modification contract to implement new food plan that would entail consequences or loss of privileges if Jamal refuses to eat nutritious meals
 | **Who:** * Biological dad, Jamal, FST therapist, and Mom

**What:*** Forgiveness talk by dad with Jamal
* Reconnection through weekly special outings between Jamal and dad

**When:​*** Forgiveness talk(s) over next two sessions
* Special reconnection outings on Saturday afternoon from 12pm-2pm or longer

**Where:*** Forgiveness talk in therapist office or home visit
* Special outing at dad's home or in community

**How:*** Forgiveness talk facilitated by FST therapist
* Practice role plays with dad, therapist, and mom prior to actual talk between dad and Jamal
* Special outing terms written down on paper and troubleshooting ahead of time to help ensure success.
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