**Playbook to Manage the Unhealthy Undercurrent of Chemical Imbalance**

*Mental/Physical Impairment Seed*

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjCtJm5qp7QAhWDRyYKHe3sCKgQjRwIBw&url=http://www.yourtrainerpaige.com/2014/11/1st-stitch-fit-review/&psig=AFQjCNHr8Ml6f_LApnwNUlDmlETswkiLKw&ust=1478872029857308)

**Medical Evaluation Plan**

**Who:**

* John, Mom, Grandpa, Dr. Alex (Primary Care Physician), and Dr. Gregg (Psychiatrist)

**What**:

* Mom and John will go to see Dr. Alex for a full medical/health evaluation to rule out any physical or medical causes.
* Mom and John will see Dr. Gregg to complete a diagnostic mental health evaluation
* The results and the recommendations of all evaluations will be reviewed with Mom, Grandpa, and John.
* The PLL Therapist and Case Manager will help the family to do research on education around John’s needs and find supports for the family.
* A Playbook or Hybrid Contract will be developed to help address the areas that are causing the most difficulty.

**When**:

* Appointment with Dr. Alex is scheduled for Monday, November 17th at 4:00pm
* After the appointment with Dr. Alex, Mom will call to set up an appointment with Dr. Gregg.
* After all evaluation are completed, everything will be reviewed in a PLL session with the PLL Therapist.

**Where**:

* Dr. Alex’s office
* Dr. Gregg’s office

**How:**

* Mom will take John to all appointments. If transportation is needed, Grandpa will drive them to and from the appointments.
* As we review results and recommendations of all evaluations, we will identify what behaviors are causing the most difficulty at home.
* A Playbook or Hybrid Contract will then be developed to address the one area that is causing the greatest difficulty.