**Playbook to Inject the Healthy Undercurrent of Connection to God**

*****Unmet Primal Need Seed*

**Connecting to God through Prayer**

**Who:**

* Mom and Dad and their son, Jackson

**What**:

* Mom and Dad will begin each day by praying the “Prayer for our son” prayer together

**When**:

* Each morning, Monday - Sunday

**Where**:

* Our Bedroom

**How:**

* Mom and Dad will hold hands each morning before leaving their bedroom and pray the “Prayer for our son” prayer together, alternating who prays the prayer aloud each day



Father in heaven, help us to be good parents.

As we dwell in your love, may we give our son an ocean of love.

As we receive your forgiveness, may we always be ready to forgive our own dear son and offer him a new day.

We put our hope in you, and look forward to the future relying on your guidance.

May we gently protect and lead our son into a place of hope and vision for his future.

Lord, help us to be good parents.

Amen.

*(Adapted from* [*www.lords-prayer-words.com*](http://www.lords-prayer-words.com)*)*

**Prayer for our Son**