**Playbook to Heal Undercurrent of Physical or Mental Abuse**

![C:\Users\Jenny Black PLL\AppData\Local\Microsoft\Windows\INetCache\IE\64EHZDVF\stethoscope-heart-clip-art--thumb2887298[1].jpg]()*Unhealed Wound Seed*

**The Heart Transplant**

**Who:**

* + Children, Joseph and Brett; Grandma and Grandpa; PLL Therapist and PLL Case Manager

**What:**

* Joseph and Brett will decorate a heart-shaped box to keep as a memory of this event.
* Joseph and Brett will identify specific acts that a “new and loving heart” will do that will evidence that this “heart transplant” has worked.
* Joseph and Brett will place their specific acts list in the box to keep as a symbol of their “heart transplant” from a heart filled with pain and sadness to a heart filled with hope and love.
* Everyone will discuss relapse prevention and specific “side effects” (symptoms) to watch out for as evidence that the transplant is being “rejected.”

**When:**

* Tuesday, October 27th at 7:00 PM

**Where:**

* At home

**How:**

* Grandparents will provide the heart-shaped box for children to decorate, along with decorating supplies.
* Grandparents will also provide suggestions of specific ways that the children’s new heart can be seen by others.