**Playbook to Inject the Healthy Undercurrent of Forgiveness**

*Unhealed Wound Seed*

**“The Apology” Healing the Family Heart**

**Who:**

* Mom & Austin

**What:**

* Mom will apologize to Austin for the pain caused by her loss of control and subsequent abuse.
* Austin will apologize to mom for his misbehavior and for his own aggression designed to inflict pain on mom.

**When:**

* Monday, October 19th 6:00 PM.

**Where:**

* At home with PLL Coach & PLL Case Manager and grandparents.

**How:**

* Mom will work with the PLL Coach to write her script to insure that she communicates her sorrow for her son’s pain and her love for Austin.
* Austin will work with the PLL Case Manager to write his script to insure that he communicates his sorrow for his aggression and for the pain he caused to his mom by his own aggression.
* Both will create a “lie Monster” to post in their house to serve as a reminder of the “Truths” of who they each are.

![C:\Users\Ellen\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\WJD2JFE9\MC900435921[1].wmf]() The Lie Monster

**Austin: …**

**Mom: …**



Austin: when I mess up, it proves that I am really bad

Austin: Mom will not really change

Mom: I can’t control my emotions…

Mom: I must be a bad mother

Austin: I really am a “bad kid”

Mom: If Austin misbehaves, he has not forgiven me