**Playbook to Inject the Healthy Undercurrents of Unconditional Love and Nurturance**

*Unhealed Wound Seed*

A Message from the Movie “Home”



**Who:** Sarah, Dad, Mom, Sue (Aunt)

**What:**

* Watch a selected clip from the popular movie “Home” – released July 28, 2015
* Together, find the answers to the following questions:
	+ What is so unique about the relationship between a parent and a child compared to all other relationships a person can experience?
	+ What do you think it means to be sad mad?
	+ Why do you think sadness is displayed as anger, especially in children sometimes?
	+ How do you think Tip felt when she was finally reunited with her mother?
	+ What did Tip tell her mom when they were reunited?
	+ Have you ever had to put a lot of work and effort into making a relationship better?
	+ Do you think the effort was worth it in the end?

**When:**

* Next Thursday during your family therapy session

**Where:**

* In the therapist’s office

**How:**

* **Play Selected Scene**: (Play both scenes back to back)
	+ (37:46-38:42) The importance of a Mom
	+ (1:11:04-1:12:07) Tip is reunited with her Mom
* Watch the selected scenes and discuss the questions above
* Discuss what action steps are now needed to inject nurturance into the family relationships – these action steps might become a second playbook

**Therapist’s Guide for this Playbook**

**Suggested Viewers:**

* Families who have children who have been adopted or have been in foster care.
* Families who have children who have been separated from each other for any extended period of time.
* Families who have children that are acting out in anger due to an unhealed wound.
* Families that need a visual reminder of the importance of their relationships with one another.

**Script for Setting up the Scene:**

The Clip that I am about to show you is from the Dream Works’ movie *Home*. It is a story about an alien race called the Boov, who invade planet Earth to capture all the humans. However, a girl named Gratuity “Tip” Tucci, gets separated from her mom while avoiding being caught. On her journey to find her mom, Tip meets a fugitive Boov named Oh and in the end the two very diverse characters become great friends.

**In this scene you will see…** Oh, the fugitive Boov, trying to understand the human relationship that Tip has with her Mom.

**Look for…**

* What two emotions Oh has seen Tip display because she loves and misses her mom.
* What Tip tells her mom when they are finally reunited.

**Discussion Questions for the Scene Selected Above:**

* What is so unique about the relationship between a parent and a child compared to all other relationships a person can experience?
* What do you think it means to be sad mad?
* Why do you think sadness is displayed as anger, especially in children, sometimes?
* How do you think Tip felt when she was finally reunited with her mom?
* What did Tip tell her mom when they were reunited? Have you ever had to put a lot of work and effort into making a relationship better? Do you think the effort was worth it in the end?

**Main Lessons:**

* Family relationships are worth fighting for.
* Sometimes our behaviors mask how we are really feeling inside.
* It is never too late to ask for forgiveness.
* Assumptions made about an entire people group are hurtful and neglect the truth that each person is a unique individual.
* When someone in a relationship hurts the other, apologies are necessary for the relationship to be mended and grow closer again.