



Parent Empowerment

Parent Session Agenda

I. An overview of these 7 concrete steps:

Step #1: Understanding why Your Child or Teen is so Tough to Raise

Step #2: How to Write an Ironclad Contract that Actually Works

Step #3: Troubleshooting: How to Think Two Steps Ahead of the Child

Step #4: Button-Pushing: Why Parents, Counselors, and Teachers Lose

Step #5: Stopping the Child's Big Guns (Disrespect, Temper Tantrums, Use of Water Power or Crying, Truancy, Running Away, Violence, Alcohol and Drug Use, Suicide)

Step #6: Mobilizing Outside Helpers Like Your Church, Friends, and Neighbors to Help

Step #7: Reclaiming Lost Nurturance and Tenderness: Why You may Love Your Child but No Longer Like Him/Her.

II. Learn the benefits of prevention: Why Parents must Move from a Reactive to a Proactive Position with their Children or Teenagers before it's Too Late.

III. The Next Step: Where Do I Go From Here? Q &A Forum with Parents.