



Treating the Out of Control Adolescent and Child: A 7-Step Model to Restore Love and Limits

- 9:00 am – 10:00 am **Step #1 Why the Out-of-Control Child Misbehaves: The Top 7 Reasons**
 Video Demonstration *How Parents Get Defeated: Kids Play the Process Game Like A Master Chess Player*
- 10:00 am-10:15 am BREAK
- 10:15 am-11:15 am **The 7-Step SFI Model: An Overview**
Stopping Parent Resistance Cold in Its Tracks:
 Video Demonstration: *The Road Less Traveled*
 Video Demonstration: *The Boy Who Heard Voices: The Devil Made Me Do It*
- 11:15 am- 12:00pm **Attachment Theory: Why Parents of Conduct Disordered Kids Love but No Longer Like Them**
 **Video Demonstration:** *Locating Undercurrents to Restore Attachment*
- 12:00 pm-1:00 pm **Lunch on Your Own**
- 1:00 pm-2:00 pm **Step #2- How to Write an Ironclad Contract that Actually Works**
 Video Demonstration: *How to Produce the Ideal Contract*
Step #3: Troubleshooting: Thinking Two Steps Ahead of the Child
 Video Demonstration: *Getting the Parent Battle Ready*
- 2:00 pm-2:15 pm Break
- 2:15 pm-4:30 pm **Step #4 – Button-Pushing: Why Parents and Counselors Lose**
 Video Demonstration: *How Parents Drop in Chronological Age*
Step #5 – Creative Consequences to Stop the Teen’s 7 Aces (Disrespect, Truancy, Running Away, Violence, Sexual Promiscuity, Alcohol and Drug Use, and Threats of Suicide)
 Video Demonstration: *The Daughter who Cried Wolf*
Step #6 – Mobilizing Outside Helpers Like Friends and Neighbors
Step #7– Reclaiming Lost Nurturance and Tenderness
 - ▶ Education and Normalization
 - ▶ Hugs
 - ▶ Special Outings Video Demonstration: *I Became a Man through My Father’s Eyes*