



## Treating the Out of Control Adolescent and Child: A 7-Step Model to Restore Love and Limits

### DAY ONE


9:00 am – 10:00 am	<b>Step #1 Why the Out-of-Control Child Misbehaves: The Top 7 Reasons</b>   Video Demonstration <i>How Parents Get Defeated: Kids Play the Process Game Like A Master Chess Player</i>
10:00 am-10:15 am	BREAK
10:15 am-11:15 am	<b>The 7-Step SFI Model: An Overview</b> <b>Stopping Parent Resistance Cold in Its Tracks:</b>   Video Demonstration: <i>The Road Less Traveled</i>  Video Demonstration: <i>The Boy Who Heard Voices: The Devil Made Me Do It</i>
11:15 am- 12:00pm	<b>Attachment Theory: Why Parents of Conduct Disordered Kids Love but No Longer Like Them</b>   <b>Video Demonstration:</b> <i>Locating Undercurrents to Restore Attachment</i>
12:00 pm-1:00 pm	<b>Lunch on Your Own</b>
1:00 pm-2:00 pm	<b>Step #2- How to Write an Ironclad Contract that Actually Works</b>  Video Demonstration: <i>How to Produce the Ideal Contract</i>  <b>Step #3:Troubleshooting: Thinking Two Steps Ahead of the Child</b>  Video Demonstration: <i>Getting the Parent Battle Ready</i>
2:00 pm-2:15 pm	Break
2:15 pm-4:30 pm	<b>Step #4 – Button-Pushing: Why Parents and Counselors Lose</b>  Video Demonstration: <i>How Parents Drop in Chronological Age</i>  <b>Step #5 – Creative Consequences to Stop the Teen’s 7 Aces (Disrespect, Truancy, Running Away, Violence, Sexual Promiscuity, Alcohol and Drug Use, and Threats of Suicide)</b>   Video Demonstration: <i>The Daughter who Cried Wolf</i>  <b>Step #6 – Mobilizing Outside Helpers Like Friends and Neighbors</b>  <b>Step #7– Reclaiming Lost Nurturance and Tenderness</b> <ul style="list-style-type: none"><li>▶ Education and Normalization</li><li>▶ Hugs</li><li>▶ Special Outings</li></ul>  Video Demonstration: <i>I Became a Man through My Father’s Eyes</i>

## DAY TWO

8:30 am – 9:30 am


### **A Menu of Creative Consequences to Stop the Teenager's "Seven Aces"**

Ace #1: Truancy and Poor School Performance

 **Video Demonstration** *To Wear a Beanie or not to Wear a Beanie: That is the Question*

Ace #2: Running Away

Ace #3: Threats or Acts of Violence

 **Case Study** *Rebecca Be Good: A 16-year-old Out of Control and Suffering From Multiple Truancy Disorder*

9:30 am – 9:45 am

Break

9:45 am – 12:00 am

Ace #4: Suicidal Threats

Ace #5: Disrespect

Ace #6: Alcohol or Drug Abuse


Ace #7: Teen Pregnancy

12:00 pm – 1:00 pm

**Lunch on Your Own**

1:00 pm – 2:00 pm

Working with Outside Systems: Friends, Neighbors, Police, Probation Officers and Other Counselors

 **Video Demonstration:** Community Family Therapy

 **Video Demonstration:** Foster Care A Different Kind of Animal


2:00 pm – 2:15 pm

Break

2:15 pm – 3:15 pm

### **Seven Strategies To Inject Nurturance Back Into the Parent-Teen Relationship**

- ◆ Creating Soft Talk
- ◆ Education and Normalization
- ◆ Opportunities to Build Trust
- ◆ A New Approach To Criticism
- ◆ Acceptance of Underlying Feelings
- ◆ Physical Touch
- ◆ Special Outings

 **Video Demonstration:** The Deep Healing of Love

3:15pm – 4:00pm

### **Overview of the Six-Week Parenting Program**

 **Video Demonstration:** Inner-Outer Circle and Panel of Parental Experts