

Registration

Name: _____
 Address: _____ Suite: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Fax: _____
 E-Mail: _____

DATES and LOCATIONS

Your confirmation letter will be posted to the internet at www.cmehelp.com

Day #1	Day #2
<p>A 7-Step Model to Restore Love and Limits</p> <p><input type="checkbox"/> Monday, September 19, 2005 Ann Arbor, MI Best Western Executive Plaza 2900 Jackson Ave. Call for Directions: 734-665-4444</p> <p><input type="checkbox"/> Thursday, September 22, 2005 Southfield, MI Holiday Inn Southfield 26555 Telegraph Road Call for Directions: 248-353-7700</p> <p><input type="checkbox"/> Monday, October 24, 2005 Seattle, WA Radisson Hotel Seattle Airport 17001 Pacific Highway South Call for Directions: 206-244-6000 Note: Parking \$5. if not overnight guest</p> <p><input type="checkbox"/> Thursday, October 27, 2005 Portland, OR The Ramada Inn & Suites 6221 NE 82nd Avenue Call for Directions: 503-255-6511</p>	<p>Treating the Secret Wounds of Kids and Adults</p> <p><input type="checkbox"/> Tuesday, September 20, 2005 Ann Arbor, MI Best Western Executive Plaza 2900 Jackson Ave. Call for Directions: 734-665-4444</p> <p><input type="checkbox"/> Friday, September 23, 2005 Southfield, MI Holiday Inn Southfield 26555 Telegraph Road Call for Directions: 248-353-7700</p> <p><input type="checkbox"/> Tuesday, October 25, 2005 Seattle, WA Radisson Hotel Seattle Airport 17001 Pacific Highway South Call for Directions: 206-244-6000 Note: Parking \$5. if not overnight guest</p> <p><input type="checkbox"/> Friday, October 28, 2005 Portland, OR The Ramada Inn & Suites 6221 NE 82nd Avenue Call for Directions: 503-255-6511</p>

TUITION

BOTH DAYS

Early Discount Tuition if payment received prior to 21 days of class date.....\$ 195.
 Student Rate—Must submit ID with registration.....\$ 143.
 Regular Tuition if payment received within 21 days of class date or on site.....\$ 214.

DAY 1 OR DAY 2 ONLY

Early Discount Tuition if payment received prior to 21 days of class date.....\$ 120.
 Student Rate—Must submit ID with registration'.....\$ 74.
 Regular Tuition if payment received within 21 days of class date or on site.....\$ 130.

****Call About Agency Group Rate Available for 5 or More**

Save Time With Online Registration @ www.cmehelp.com

PAYMENT INFORMATION

Check Visa MasterCard American Express Discover

C.C. # _____ Exp. Date _____

Your credit card will be listed as "CE Education Class"

All non-sufficient funds checks will be charged a \$20 processing fee payable by the issuer.

Send Registration and Make Checks Payable to:

American Continuing Education Inc., PO Box 17980, St. Paul, MN 55117

Register Online: www.cmehelp.com (Preferred Method)

Register by Phone: 800-314-1921

Register by Fax: 651-489-3387

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American Continuing Education, Inc.
 P.O. Box 17980
 St. Paul, MN 55117



www.difficult.net

Save Time With Online Registration @ www.cmehelp.com

Day 1	Day 2
Z. Steps to Restore Love and Limits	Treating the Secret Wounds of Kids and Adults
September 19, 2005	September 20, 2005
September 22, 2005	September 23, 2005
October 24, 2005	October 25, 2005
October 27, 2005	October 28, 2005
Ann Arbor, MI	
Southfield, MI	
Seattle, WA	
Portland, OR	

"A research based, clinical approach to treating families...an effective, brief, solution-focused system of care rapidly being adopted throughout the nation."

"Dr Sells' program and book offers a sensible and strategic approach to resolving the family problems of difficult kids... This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating children and their families."

-Jay Haley, Founder of Strategic Family Therapy



TREATING THE TOUGH ADOLESCENT and Child

Two One-day Workshops

DAY ONE: A 7-Step Model to Restore Love and Limits

DAY TWO: Treating the Secret Wounds of Kids and Adults

Presented by:
Scott P. Sells, Ph.D.,
 Author of: "Treating the Tough Adolescent" and
 "Parenting Your Out-of-Control Teenager"

Sponsored by
 Amedco, LLC for
 Continuing Education
 Credits


Savannah Family Institute
www.difficult.net

Day 1

A 7-Step Model to Restore Love and Limits

Course Description



This workshop will demonstrate a 7-step approach to engage the uncooperative parent and child or teen, end button pushing, reestablish authority through iron-clad contracts, and restore lost nurturance between parent and child. Via video, case examples, and role-plays, you'll learn how to apply all 7-Steps. After helping the parents understand why their child is out of control, the model deals with such issues as how to reduce parents' knee-jerk reactions, how to contract for change, how to set up creative consequences, how to reintroduce nurturance once behavior comes under control, and how to look for the underlying problems such as marital discord or substance abuse that often blocks success. An organizational model will be presented to illustrate how you can use a new and innovative *Parenting With Love and Limits*® six week parenting program to dramatically increase your success rate, number of referrals, and revenue base.

You'll leave with a full toolkit for helping parents improve their parenting skills and how to reach the resistant child or adolescent.

Agenda

9:00 am-10:00 am

Step #1 – Why the Out-of-Control Child Misbehaves: The Top 7 Reasons

Video Demonstration: *How Parents Get Defeated: Kids Play the Process Game Like A Master Chess Player*

10:00 am-10:15 am

Break

10:15 am-11:15 am

The 7-Step SFI Model: An Overview

Stopping Parent Resistance Cold in Its Tracks:

Video Demonstration: *The Road Less Traveled*

Video Demonstration: *The Boy Who Heard Voices: The Devil Made Me Do It*

11:15 am- 12:00pm

Attachment Theory: Why Parents of Conduct Disordered Kids Love But No Longer Like Them Anymore

Video Demonstration: *Locating Undercurrents to Restore Attachment*

12:00 pm-1:00 pm

Lunch on Your Own

1:00 pm-2:00 pm

Step #2 – How to Write an Ironclad Contract that Actually Works

Video Demonstration: *How to Produce the Ideal Contract*

Step #3 – Troubleshooting: Thinking Two Steps Ahead of the Child

Video Demonstration: *Getting the Parent Battle Ready*

2:00 pm-2:15 pm

Break

2:15 pm-4:30 pm

Step #4 – Button Pushing: Why Parents and Counselors Lose

Video Demonstration: *How Parents Drop in Chronological Age*

Step #5 – Creative Consequences to Stop the Teen's 7 Aces (Disrespect, Truancy, Running Away, Violence, Sexual Promiscuity, Alcohol and Drug Use, and Threats of Suicide)

Video Demonstration: *The Daughter that Cried Wolf*

Step #6 – Mobilizing Outside Helpers Like Friends and Neighbors

Step #7 – Reclaiming Lost Nurturance and Tenderness

Education and Normalization

Hugs

Special Outings

Video Demonstration: *I Became a Man Through My Father's Eyes*

Learning Objectives

1. Diagnose why children and adolescents are oppositional and how to effectively treat this population through the illustration of specific clinical markers diagrammed within the 7-Step SFI Model.
2. Apply learned specific principles and guidelines on how to engage the uncooperative child or adolescent, plus creative consequences to stop the extreme behaviors of substance abuse, violence, suicide, disrespect, truancy, and running away.
3. Apply learned specific principles and guidelines on how to engage the uncooperative parents, empower the single parent, and change parent-child communication and confrontational patterns, plus six strategies to restore tenderness within the family.
4. Apply the strategies of the Parent Survival Kit to show parents why their children or teens misbehave, and the 7-step process needed to reestablish their lost authority and restore lost nurturance.

Day 2

Treating the Secret Wounds of Kids and Adults

Course Description



When therapy bogs down with kids or adults, the most likely reason is that we've missed "undercurrents"—secret wounds such as unmourned losses, abandonment, violence, and other family secrets—all the things no one wants to talk about. In this workshop, you'll learn how to decipher the secret language of undercurrents, and how to ask the questions that will bring them to the surface. Via videotaped case examples and role plays, the presenter will demonstrate techniques to help disarm parent, child, and adult defenses, generate therapeutic intensity, and choreograph enactments that bring avoided issues into the open. You will learn the optimal timing for undercurrent therapy and examine ethical and spirituality considerations that may arise. We discuss the use of this work with difficult kid problems, such as ODD, attachment disorders, conduct disorders, depression, substance abuse, eating disorders, ADHD and adult problems such as marital dysfunction, anxiety, and personality disorders.

Agenda

9:00 am-010:00 am

Secret Language of Unresolved Wounds: Spotting These Wounds?

Video Demonstration: *Seeing Hidden Wounds*

10:00 am-10:15 am

Break

10:15 am-11:15 am

Gauging Parent and Child's Readiness For Change

- How to Remove the Cotton In Your Client's Ears
- Using Scaling and Storytelling in a Very Creative Way
- How to answer their question "What's In It For Me?"

Video Demonstration: *The Road Less Traveled*

11:15 am-12:00 am

Bringing the Undercurrent Themes of Wounds, Attachment Disorders and Spirituality to the Surface

Video Demonstration: *Locating Undercurrents to Restore Attachment*

12:00 am- 1:00pm

Lunch on Your Own

1:00 pm-2:00 pm

Turning Up the Intensity Level to Unstick Parents & Couples

Video Demonstration: *I Became a Man Through My Father's Eyes*

2:00 pm-2:15 pm

Moving From the Role of Therapist to Solution-Focused Coach

Role Play: How to Move From Therapist to Coach

2:15 pm-2:30 pm

Break

2:30 pm-4:00 pm

Predicting the Fallout of Change and Relapse Prevention

Video Demonstration: *Predicting Fallout with a Substance Abuse Couple*

Moving Your Impossible Case to Healthy Undercurrents and Permanent Change Undercurrents and Spirituality

Video Demonstration: *A Boy Demonically Possessed or Is He?*

Learning Objectives

1. Develop ways to unstick your impossible kid and adult cases by identifying the "undercurrents" or underlying themes, such as wounds, abandonment, fear, violence, family secrets, role confusion, or suicidal thoughts, which lead to the re-birth and maintenance of horrific symptoms (conduct disorders, ADHD, eating disorders, substance abuse, and depression).
2. Utilize solution-focused treatment to the next level by using the techniques of scaling to uncover your clients' deep wounds that are keeping them stuck and unable to move forward.
3. Identify undercurrents through your kid and parents' body language and the specific questions needed to flush them out into the open.
4. Apply the specific techniques of "fever-making," "process choreography," "therapeutic rule breaking," and the "function of the symptom" to heal these undercurrents in your clients and families, through video examples.
5. Apply undercurrent therapy to spirituality and the special treatment populations of conduct disorders, depression, substance abuse, eating disorders, and attachment disorders.
6. Evaluate ethical considerations as well as the optimal timing of when and how to use the uncovering of deep wounds.

Workshop Faculty

Workshop Faculty



Dr Sells is the Executive Director of the Savannah Family Institute and a recently retired Professor of Social Work at the Savannah State University. Over the past four years, Dr. Sells has conducted seminars in over 80 cities and spoken to over 20,000 professional therapists, based on his first book, "Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide" and his second book, "Parenting Your Out-of-Control Teenager." This work is detailed at the Savannah Family Institute website (www.difficult.net).

Dr. Sells is the author of 14 publications and is currently writing a book for Guilford Publications entitled "Treating Impossible Cases Through Undercurrent Therapy". He has spoken previously at the Psychotherapy Networker conference and the Cape Cod Institute.

"This is the first workshop I've attended where I can actually use the strategies I learned with my clients the next day at work." -Dr. Gene Alligood, Burlington, VT. May 15, 2004

Locations

ANN ARBOR, MI

Best Western Executive Plaza
2900 Jackson Road
Call for Directions:
734-665-4444

SOUTHFIELD, MI

Holiday Inn Southfield
26555 Telegraph Road
Call for Directions:
248-353-7700

SEATTLE, WA

Radisson Hotel Seattle
Airport
17001 Pacific Highway
South
Call for Directions:
206-244-6000
Note: Parking \$5. if not
overnight guest

PORTLAND, OR

The Ramada Inn
& Suites
6221 NE 82nd Avenue
Call for Directions:
503-255-6511

"Dr. Sells' program and book offers a sensible and strategic approach to resolving the family problems of difficult kids. This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating children and their families." — Jay Haley, Founder of Strategic Family Therapy

Credits

Satisfactory completion:

This brochure covers two one-day seminars. For each course, participants must have paid tuition fee, signed in, attended the entire course, completed an evaluation, and signed out, in order to receive a certificate of completion/attendance. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available. Certificates will be sent after the seminar or posted on the internet at www.cmehelp.com <<http://www.cmehelp.com>>.

ADA Statement:

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. Amedco cannot ensure the availability of appropriate accommodations without prior notification.

Psychologists:

OR, WA: Amedco is approved by the American Psychological Association to offer continuing education for psychologists. Amedco maintains responsibility for this program. 6.0 hours (7-Step Model) and 5.5 hours (Treating the Secret Wounds).

Professional Counselors:

OR and WA: Amedco is recognized by the National Board for Certified Counselors to offer continuing education for certified counselors. We adhere to NBCC continuing education guidelines. Provider #5633. 6.0 hours (7-Step Model) and 5.5 hours (Treating the Secret Wounds). This approval also applies to **OR and WA** Marriage and Family Therapists.

Social Workers:

OR and WA: Amedco, ASWB provider #1006, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: 2-17-03 to 2-17-06. Social workers should contact their regulatory board to determine course approval. Social workers will receive 6.0 (7-Step Model) continuing education clock hours and 5.5 (Treating the Secret Wounds) in participating in this course.

Marriage & Family Therapists:

See Professional Counselors above.

Refund/Cancellation Policy:

All requests for refunds must be made in writing at least 7 days prior to the class date. A \$25. processing fee will be charged. No refunds will be granted after that date.