

CoachHelp6 (continued)

- Write the healthy undercurrents that are occurring in the new feedback loop and draw arrows that point out exactly when they are occurring (These undercurrents should match the top two or three corresponding healthy undercurrents selected on the Undercurrents page)
- Write Button Busters that the parent is now using on this feedback loop to illustrate the new “dance” with arrows specifying exactly where these button busters are occurring. It is recommended that the button buster of “Exit and Wait” be included immediately after the parent gives the negative consequence.

Clinical Example:

Symptom 1... *Threats and Acts of Violence*: AFTER - POSITIVE REWARDS



Note the healthy undercurrents:

Playfulness, Safety, Praise and Appreciation, Mom being consistent

Symptom 1... *Threats or Acts of Violence*: AFTER - NEGATIVE CONSEQUENCES



Note the healthy undercurrents:

Consistent Discipline, No Caustic Communication, De-escalation – immediate response