

HANDOUT

PARTICIPATION AND GRADUATION AGREEMENT

Week	PLL Group	PLL Individual Coaching
Week #1	Group 1 – Venting	No coaching 1st week
Week #2	Group 2 – Button Pushing + →	Coaching #1: Winning the Battle for Structure and putting all the protective factors on the radar screen
Week #3	Group 3 – Contracting + →	Coaching #2: Identifying Undercurrents, Feedback Loops and beginning to develop first Contract and if applicable, Aftercare Plan
Week #4	Group 4- Putting the Contract Together As a Group + →	Coaching #3: Continuing to draft written plans
Week #5	Group 5 – Creative Consequences + → <i>(to stop disrespect, school problems, drug use, violence, not doing chores, running away etc.)</i>	Coaching #4: Developing Countermoves around written plans
Week #6	Group 6- How to Start Liking Each Other Again-Restore Closeness	Coaching #5: Further development of needed Countermoves and intensive dress rehearsals
Week #7	No Group	Coaching #6: Assessment of written plans and changes made as needed
Week #8 +	No Group	Coaching #7: and on... continuing coaching until the following benchmarks are met: <ul style="list-style-type: none"> • For youth returning to the community – Finalize Aftercare Plan and insure CBAT Plan is ready to implement • Additional Coaching to troubleshoot unmet benchmarks (see below) and/or work on additional symptoms or seeds (i.e. unhealed wounds) • Develop Relapse Prevention Plan • Make 30/60/90 day callbacks and conduct tune up sessions as needed.

Key Benchmarks

- Attend 5 out of 6 group meetings (1st group mandatory).
- Attend the minimum required individual (family) coaching sessions and continue in coaching until the following benchmarks are met:
Minimum # of family sessions required to Graduate PLL: _____
- | | |
|--|--|
| <input checked="" type="checkbox"/> In Home- Obeying Curfew and No Leaving Home Without Permission | <input checked="" type="checkbox"/> Following the PLL Written Plan 80% or greater as Reported by Parents |
| <input checked="" type="checkbox"/> In School--Attend school and no ditching, and achieve passing grades | <input checked="" type="checkbox"/> Show evidence of participation in extracurricular activities, working, or doing community service, as well as meeting all court requirements (i.e. paying restitution, etc.) |
| <input checked="" type="checkbox"/> Out of Trouble With the Law (No further violations) | |
| <input checked="" type="checkbox"/> If applicable, remain Drug Free | |

Parent/Guardian's Signature

Youth Signature

Therapist Signature

Date

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