INTERNET ACCOUNTABILITY AGREEMENT

This agreement is based on the understanding that Jenny maintains her internet privilege by proving herself accountable.

RULE: (Antivenin to Inconsistency, Role Confusion & Lack of Nurturance)

Jenny will be permitted to use the internet Monday through Friday as long as she does the

following:

 Submits internet history and passwords to mom for inspection each evening at

(Specific time)\*\*\*

 Does not download anything without obtaining mom’s permission first (mother will

check internet history after internet use-if there is no history because it has been erased it is breaking the rule)

 Does not email anyone that mom does not approve of (either list the people she can email or those she cannot).There will be an approved list and mother can check through looking at her email daily.

REWARDS: (Injects Consistency, Role Clarity and Nurturance)

 Daily Reward = Jenny gets…

 Bonus Rewards =

 2 straight weeks of following the rule = Jenny can…

 4 straight weeks = Jenny can… + she can…

CONSEQUENCES: (Injects Consistency and Role Clarity)

 1st Offense: Loss of the internet immediately (mother will disconnect the cords to

the internet and change the password for the next three days

 2nd Offense: Loss of internet immediately and for the next 5 days

 3rd Offense: Internet is disconnected immediately and will not be reinstated until

Jenny does the following to earn the internet back again: …..

\*\*\*If Jenny refuses to submit her internet history and passwords to mom for inspection, this is immediately considered a third offense.

Mom’s Role: (Injects consistency, Role Clarity and Nurturance)

 Mom will give the reward or consequence at pm each night.

 Mom will use “short and to the point” language when giving the reward or

consequence

 Mom will use “exit and wait” when giving the consequences.

Village role: (Injects Nurturance and Role Clarity)

 Uncle Bob will come over and review the internet usage and will assist mom in creating or purchasing a program to monitor her use.

 Aunt Sue will allow mom to bring cords to her house when Jenny’s consequences are

enforced so that Jenny has no option to get them.

Youth Signature Date

Parent Signature Date

Village Signature Date