



Parenting with Love and Limits®

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OVERVIEW OF PLL EXTENDED CARE CENTER OF EXCELLENCE AGREEMENT

SFI will train and certify your organization to become a PLL Center of Excellence (COE), which will allow your trained therapists to use the *Parenting with Love and Limits*® (PLL) Extended Care system to educate and treat parents and juveniles referred to you by the local Juvenile Courts and other service agencies in the community.

Who can you treat using PLL Extended Care?

You will be able to treat any individual youth (and his or her family) who fits within the following inclusionary criteria:

1. Between the ages of ten (10) and eighteen (18)
2. Charged with non-status offenses, such as felonies or high risk misdemeanors. Typical charges include aggravated battery or assault, burglary, robbery, domestic battery or violence, running away, or drug or alcohol abuse, or
3. Probation violators and repeat offenders, or
4. Victims of abuse or neglect, or
5. In the foster care system, or designated as high risk for home removal, or
6. Designated as SED (Severely Emotionally Disturbed) or who have been therapized (chronic offenders on a therapist's caseload for 6 mo -1 yr)

We provide...

a. COE Certification Training

PLL will conduct a five-day certification training course covering the PLL Extended Care model for the COE. During the Training, PLL will train the agreed upon therapists and co-facilitators in the full PLL System of Care, and upon satisfactory completion of the training, fully certify them to deliver both PLL Group Therapy and PLL Family Therapy (Coaching).

b. Ongoing Supervision by SFI

PLL will provide telephone supervision with the certified COE therapists and co-facilitators. The schedule for this supervision will be a minimum of one (1) hour per week for forty-four (44) weeks of the year, or by mutual agreement of the parties, two (2) hours per session, twice per month for ten (10) months of the year.

Additionally, in order to enhance treatment fidelity and effectiveness, PLL will conduct video recorded supervision using IPR (Interpersonal Process Recall). Supervision will cover the application of the client intake process, PLL Group Therapy, PLL Family Therapy, and post-discharge follow-up. COE will bear its own costs for video recording and transmittal of recordings to PLL for review and use in supervision. COE is required to supply video recordings for PLL Group Therapy Classes 1 through 6, PLL Family Therapy Phases 1 through 4, and motivational interviewing within the first three (3) months of implementation of the PLL model. Additionally, where applicable, and upon request from PLL, each

COE will supply video recordings of Wound Work sessions 1 through 6. Also, each COE will record and supply PLL with video recordings of subsequent sessions when requested.

c. New Staff Training

If you should need new staff members trained, either due to attrition or expansion of the program, PLL will train them, at a cost of \$2,500.00 per therapist, plus travel and material costs. We reserve the right to hold this new staff training at a location of our choosing.

d. Site Visit

Based on assessment by PLL, we may make one (1) annual two-day visit to your site to observe a random sample of the Trained Professionals conducting Family and Group Therapy and to consult with the Trained Professionals on any pertinent issues related to the running of the PLL program. The site visit will be scheduled at mutually agreed dates and times.

Your obligations include...

a. Provide Mental Health Professionals for Training/Certification

PLL will train the appropriate number of mental health professionals to serve the number of youth anticipated in the first year, with the intent of each professional having a full-time caseload. In any event, we will limit the number of trained professionals such that each treats no fewer than thirty (30) clients per year (PLL's Clinical Minimum).

You will choose therapists for the PLL program based upon the following criteria:

COE's therapists who perform PLL Family Therapy and those who serve as the primary facilitator for PLL Group Therapy must meet the following requirements:

- A minimum of a Master's Degree in social work, psychology, marriage and family therapy or a counseling-related field
- Available to work full time with PLL
- Available to work up to four (4) evenings per week if necessary to meet family schedules
- Available to attend telephone supervision sessions
- Conduct all the family therapy or coaching sessions and parent breakout sessions for group sessions (Bachelor's level not qualified).

COE's clinicians who serve only as co-facilitators for PLL Group Therapy (under the supervision of a Master's level facilitator) must meet the following requirements:

- A minimum of a Bachelor's Degree in social work, psychology, marriage and family therapy or a counseling-related field
- May work part-time or full time
- Available to work up to two (2) evenings per week
- Available to attend telephone supervision sessions
- Qualified only to conduct teen breakout PLL Groups

Each trained clinician must sign our standard "Mutual Non-Disclosure Agreement," which protects the respective intellectual property rights of both the COE and PLL.

b. COE Operations Fee

You will pay an annual COE Operations Fee as quoted by us.

c. Reimbursement of SFI Expenses and Other Costs

- You will reimburse us for shipping and handling costs for delivery of all PLL materials.
- You will reimburse us for travel expenses incurred by each PLL trainer in connection with the training and annual site visit (if needed).
- You will be responsible for all other costs and tasks associated with providing startup training, including, any costs associated with the site of the training and with the reproduction of handout materials.
- You will provide the audio-visual equipment needed for all training.
- If continuing education credit will be offered to your therapists, you will secure approval from the appropriate organizations. However, we will provide you with workshop narratives, agendas, learning objectives, and presenter credentials that may be necessary for you to obtain such approval.

d. COE Reports

You will provide us with regular updated reports showing all new clients, as well as completed supervision forms. We will provide you with forms for the purpose of this reporting. We will reserve some limited rights to audit your records to assure license compliance and fidelity.

e. Purchase of SFI Materials

Each of your certified mental health professionals and new families, whether their initial therapy is with the PLL Group Therapy or the PLL Family Therapy sessions, must receive the entire SFI kit of materials before beginning the PLL program. The kit description and prices are listed below:

For the training, for each of your trained therapists:

- One PLL Group Therapy Certification Kit, including
 - 1 Parenting Your Out-of-Control Teenager book
 - 1 PLL Group Therapy Manual
 - 1 PLL Class Video on DVD
 - 1 PLL Level 2 Parent Workbook
 - 1 PLL Level 2 Teen Workbook
 - PLL Group Therapy Overheads (file download)
 - 1 Survival Kit Study Guide

\$324.00 ea.

For each new family:

- One set of PLL Materials, including
 - 1 Parenting Your Out-of-Control Teenager book
 - 1 PLL Level 2 Parent Workbook
 - 1 PLL Level 2 Teen Workbook
 - 1 Survival Kit Study Guide

\$54.00 ea.

f. Outcome Studies

Outcome studies are a requirement of the COE Program. We will provide our expertise in setting up the outcome studies. We can perform the statistical analysis for you at no additional charge, or you can select your own statistician. You will identify and select your own research assistant(s), who will perform the data collection necessary for the outcome studies of the PLL group and individual therapy. We will recommend specific research instruments, but we are not responsible for the purchase of such instruments.

g. Research Studies

Research studies are desired to assess the results of the PLL program. As part of your licensing fee,

we will contract with an independent research organization to conduct a quasi-experimental research design study based on their assessment of your ability to provide data to complete the study.

h. Signs

You will display at least two signs inside your facility indicating that you are a licensed PLL Center of Excellence. PLL will provide to you, at no cost, the standard artwork for these signs in electronic format suitable for manufacturing the signs.

i. Insurance

You will agree to maintain malpractice insurance coverage covering your liability to children and parents arising out of the PLL counseling, therapy or treatment, and to provide us with a copy of documentation of this coverage.