



# Parenting with Love and Limits®

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## OVERVIEW OF PLL CENTER OF EXCELLENCE AGREEMENT

SFI will train and certify you to be a Center of Excellence, which will allow your trained therapists to use the *Parenting with Love and Limits*® (PLL) System of Care to educate the parents and treat the juveniles referred to you by the local Juvenile Courts and other service agencies in the community. The profile of the youth you may serve will depend upon whether you have chosen PLL Front-End/Diversion Care or PLL Extended Care.

### 1. We provide...

#### a. COE Certification Training

We will conduct five days of initial COE Certification Training in both the PLL Group Therapy Model and the PLL Family Therapy Models. We will train the appropriate number of counselors to serve the number of youth anticipated in the first year.

#### b. Ongoing Supervision by SFI

We will provide telephone supervision with the certified COE therapists. The schedule for this supervision will be two (2) to three (3) hours per month for ten (10) months of the year for PLL Front-End/Diversion Care and more frequently for PLL Extended Care.

#### c. Site Visits by SFI

Depending upon the level of care you have chosen, we will make either one (1) or two (2) annual one-day visits to your site to observe a random sample of the COE therapists conducting Family and Group Therapy and to consult with them on any pertinent issues related to the running of the PLL program. The site visits will be scheduled at dates and times mutually agreed upon. Of course, you may request additional site visits during the year for an additional cost.

#### d. New Staff Training

If you should need new staff members trained, either due to attrition or expansion of the program, we will train them, at a cost of \$2,500.00 per therapist, plus travel and material costs. We reserve the right to hold this new staff training at a location of our choosing.

### 2. Your obligations include...

#### a. COE Operations Fee

You will pay an annual COE Operations Fee as quoted by us.

#### b. Reimbursement of SFI Expenses and Other Costs

- (1) You will reimburse us for shipping and handling costs for deliveries of all PLL materials.
- (2) You will reimburse us for travel expenses incurred by each SFI trainer in connection with all training and site visits.
- (3) You will be responsible for all other costs and tasks associated with providing startup training, including, any costs associated with the site of the training and with the reproduction of handout materials.
- (4) You will provide the audio-visual equipment needed for all training.
- (5) If continuing education credit will be offered to your therapists, you will secure approval from the appropriate organizations. However, we will provide you with workshop narratives, agendas, learning

objectives, and presenter credentials that may be necessary for you to obtain such approval.

c. COE Reports

You will provide with regular updated written reports showing all new clients, as well as filled out supervision forms. We will provide you with forms for the purpose of this reporting. We will reserve some limited rights to audit your records to assure license compliance.

d. Purchase of SFI Materials

Each of your new families, whether their initial therapy is with the PLL Group Therapy or the PLL Family Therapy sessions, must receive the entire SFI kit of materials before beginning the PLL program. The kit description and prices are listed below:

(1) For the training, for each of your trained therapists:

- o One PLL Group Therapy Certification Kit, including
    - 1 Parenting Your Out-of-Control Teenager book
    - 1 PLL Group Therapy Leader's Guide
    - 1 PLL Class Video on DVD
    - 1 PLL Level 2 Parent Workbook
    - 1 PLL Level 2 Teen Workbook
    - 1 PLL Course Announcement Poster
    - PLL Group Therapy Overheads (file download)
    - 1 Survival Kit Study Guide
    - 1 Survival Kit Video on DVD
- \$324.00 per trainee

(2) For each new family:

- o One set of PLL Materials, including
    - 1 Parenting Your Out-of-Control Teenager book
    - 1 PLL Level 2 Parent Workbook
    - 1 PLL Level 2 Teen Workbook
    - 1 Survival Kit Study Guide
- \$54.00

e. Outcome Studies

Outcome studies are a requirement of the COE Program. We will provide our expertise in setting up the outcome studies. We can perform the statistical analysis for you at no additional charge, or you can select your own statistician. You will identify and select your own research assistant(s), who will perform the data collection necessary for the outcome studies of the PLL group and individual therapy. We will recommend specific research instruments, but we are not responsible for the purchase of such instruments.

f. Signs

You will procure and display at least two signs (one external and one internal) indicating that you are a licensed PLL Center of Excellence. We will provide the standard artwork.

g. Insurance

You will agree to maintain malpractice insurance coverage covering your liability to children and parents arising out of the PLL counseling, therapy or treatment, and to provide us with a copy of documentation of this coverage.

h. Non-Disclosure Agreement

Each of your trained therapists must sign our Mutual Non-Disclosure Agreement.