



Parenting with Love and Limits®
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PLL MOTIVATIONAL INTERVIEW IPR

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IPR Video Supervision PLL Motivational Interview IPR Measure

Therapist's Name:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Coaching Phase:					
KEY COMPONENTS					
Legend for Process Domains:	Extremely Poor: Gross neglect/deficit in domain	Poor: Deficit in domain	Average: Domain met with basic competency	Well: Domain met with above average competency	Extremely Well: Domain met with exceptional competency
1. Did the therapist engage the family by gathering information on hobbies and interests?			0 No	1 Yes	
2. Did the therapist explain why the family was brought together for the meeting?			0 No	1 Yes	
<i>PROCESS: How well did the therapist join with the parent(s) and the youth (if the youth is present)?</i>	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
3. Did the therapist explore for strengths in the family system by asking them about their personal good qualities and strengths?			0 No	1 Yes	
<i>PROCESS: How well did the therapist use the intentional question of "what would I come to admire..." with the various family members in order to assess the family unit for emotional damage?</i>	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
4. Did the therapist obtain a stressor from the parent and youth (if the youth is present)?			0 No	1 Yes	
<i>PROCESS: How well did the therapist obtain the family's stressors? (i.e. stop them from fighting or going off on a tangent, present the question in a manner that focused them on specific problem behaviors)</i>	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5
5. Did the therapist use a good transition statement to indicate that PLL can help fix the stressors the family just identified?			0 No	1 Yes	
6. Did the therapist help the family understand they will receive tools to fix their stressors in the group sessions by sharing the top parent and teen buttons?			0 No	1 Yes	
<i>PROCESS: How well did the therapist assist the parent and teen (if applicable) to identify their own hot buttons? (use of humor, visuals, normalization)</i>	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

7. Did the therapist help the family understand the purpose of coaching? (i.e. customize tools, rehearse new skills)	0 No	1 Yes			
8. Did the therapist show a sample contract to illustrate a written plan that coaching will help them to develop?	0 No	1 Yes			
9. Did the therapist clearly review the terms of agreement by reviewing the boundaries and expectations for participation in the PLL program?	0 No	1 Yes			
10. Did the therapist ask the golden question of “If you sign this agreement, what message will it send to your child?”	0 No	1 Yes			
11. Did the therapist succeed in getting the family to sign the Participation and Graduation Agreement?	0 No	1 Yes			
12. Did the therapist write on their copy of the Participation and Graduation Agreement the dates for the group sessions?	0 No	1 Yes			
13. Did the therapist schedule the first family therapy coaching session?	0 No	1 Yes			
14. Did the therapist troubleshoot for obstacles that could get in the way of the family coming to the first group? (Transportation issues, childcare issues, etc.)	0 No	1 Yes			
15. Did the therapist discuss with the family who else needs to come to the first coaching session?	0 No	1 Yes			
<i>PROCESS: How well did the therapist discuss possible villagers to come to the first coaching session (i.e. use of flipchart to identify possible villagers/supporters, suggestions, etc.)</i>	Extremely Poor 1	Poor 2	Average 3	Well 4	Extremely Well 5

Rating:

Content = Content weighted as 70% of overall rating

Process = Process weighted as 30% of overall rating

PLL Supervisor’s Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>