

HANDOUT DISRESPECT CONTRACT

RULE: Doga's behavior will be considered disrespectful if he does one or more of the following:
(*Healthy undercurrent: Consistency*)

- Does not comply with adult requests the first time he is asked to do something
- Uses inappropriate language (profanity and phrases such as "shut up," "stupid")
- Mumbles under breath • Rolls eyes, sucks teeth, mimics parent
- Balls up fists, play fights • Argues, nags

REWARDS: (*Healthy undercurrents: Consistency and Nurturance*)

<p>Daily Reward = 1 ticket</p>	<p>What tickets can get you:</p> <p>1 = extra 30 minutes of TV or computer</p> <p>3 = 1 hour late bedtime</p> <p>10 = medium pizza</p> <p>20 = new video or CD</p> <p>40 = hip hop shirt</p> <p>100 = \$20</p>
<p>Bonus Rewards:</p> <p>7 straight days = 2 extra tickets</p> <p>14 straight days = 5 extra tickets</p> <p>30 straight days = 10 extra tickets + \$5</p> <p>Next 30 straight days = 20 extra tickets</p>	

Tickets can only be redeemed on days Doga is in good standing with no offenses.

CONSEQUENCES: Doga's behavior will be considered disrespectful if he does one or more of the following: (*Healthy undercurrent: Consistency*)

- **1st Offense =** no ticket + no TV (in any room) for 24 hours
- **2nd Offense =** no ticket + no TV (in any room) and no computer for 48 hours
- **3rd Offense =** no ticket + no TV (in any room), computer, and phone for 72 hours

Backup Plans: With TV, dad disconnects cable; with computer, mom disables password; with phone, mom suspends service, with Doga paying reactivation fee to reconnect.

MOTHER'S ROLE: (*Healthy undercurrents: Consistency and Supportive Communication*)

- One verbal warning per day (if needed).
- Consequences will be administered with short & to the point language, with calm voice.
- If Doga gets angry or argues, mother will exit & wait. If Doga follows mother = Walmart shoes for 24 hours.

VILLAGE ROLE: (*Healthy undercurrents: Supportive Communication & Nurturance*) Maternal aunts, maternal grandmother, and family friend Hawa will help mother smother Doga with love (hugs, kind words, homemade meals).

Signatures

Date

This handout may be reproduced for use in the PLL Clinical Practice only and is not for sale or distribution.

