



# Savannah Family Institute

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## Sample Contract for: Safety

Because of our love for Xxxx, we are expressing the following expectations for Xxxx. Our desire is that Xxxx live a safe, healthy, happy life.

**Rule 1:** Xxxx will cause no destruction to her skin. In order to build our trust in Xxxx, her mother will do daily body checks for any destruction to her skin.

Skin destruction will be defined as:

- Burns
- Puncture with any sharp object
- Cuts with any object
- No unauthorized tattoos or piercings
- Scratches or friction marks or burns
- Picking at sores, scabs, or abrasions

**Result A:**

- For each week that Xxxx is found to be free of any destruction to her skin, she will be given \$15 to purchase one book or cd.
- If Xxxx is free from any destruction of her skin for one month, she will be able to have, or attend a sleep over with a girlfriend.

**Result B:**

- The first instance of skin destruction found by either Mom, Dad will result in Xxxx losing two days of social contact with friends.
- If a second instance of skin destruction occurs within one month of a first instance Xxxx will lose the privilege of driving the S-10 truck, and will only be able to drive the old red Jeep. Once Xxxx has gone for two weeks with no further skin destruction, she may resume driving the truck.
- If Xxxx fails to comply with this rule, she will participate in a "town meeting" with Mom, Dad, and any others they choose to include in the meeting. This meeting may result in a new contract with more serious consequences.

**NOTE:** IF XXXX REFUSES TO ALLOW A BODY CHECK BY HER MOTHER, RESULT B WILL AUTOMATICALLY BE GO INTO EFFECT.

**Rule 2:** Xxxx will use no alcohol or drugs that are not prescribed for by a physician, or approved by Mom or Dad (aspirin, cold medicine, etc.), and these will only be used as directed. Xxxx will be expected to cooperate in providing a random urine sample for drug analysis until two consecutive screens are clean.

**Result A:**

1. If Xxxx is clean on her first two (2) drug screens, Xxxx's curfew will be extended one hour later (10 pm Sunday-Thursday evenings; midnights summer, holidays, and weekends- Friday/Saturday).
2. If Xxxx has two consecutive months of clean drug screens, Xxxx will be provided a supervised shopping spree worth \$100. This will recur each two months Xxxx's drug screen is clean.

3.

**Result B:**

1. If Xxxx fails a drug screen, she will be grounded from all social interactions outside of family for the following weekend (Noon on Friday until 8 am Monday morning).
2. For any additional failed drug screens there will be one weekend added, per occurrence, to Xxxx's grounding. Additionally, Xxxx will participate in a "town meeting" with Mom and Dad, and any others they choose to include in the meeting. This meeting may result in a new contract with more serious consequences.

Signed: Xxxx \_\_\_\_\_ Date: \_\_\_\_\_

Mom \_\_\_\_\_ Dad \_\_\_\_\_