School Success

Sarah will break the rule for School Success if she does one or more of the following: *(****Healthy Undercurrents: Consistency & Parental Unity)***

* Does not follow daily routine for school/ homework (as posted on fridge)
* Does not do homework for at least 2 hours per night (this includes reading)
* Does not fill out planner with assignments and due dates and teacher signatures each period and show to parents nightly at 7pm each school day.

**REWARDS: *(Healthy Undercurrents: Consistency, Parental Unity & Nurturance)***

*Rewards will be given each weeknight at 9:45pm by parents together. Stars will be placed on family calendar to keep track of daily*

*rewards.*

**Daily Reward = 1 star on family calendar**

**Bonus Rewards:**

* 1st week: 5 straight school days with no violations = $10 coupon for makeup
* 2nd week: 10 straight school days with no violations = Dinner out to restaurant of Sarah’s choice with parents & one friend (must be parent approved friend)
* One complete month with no violations = **supervised pizza & movie night with up to 12 friends at home (must be parent approved friends)**

**What stars can get you:**

1 Star = can be redeemed for $1

5 Stars = Mom will make special dessert of Sarah’s choice

10 Stars = Lunch date with mom

25 Stars = Friday night bowling or movie with friends (between 7pm-11pm at mom’s discretion. Friends must be Parent approved)

*\*Stars can only be redeemed on days Sarah is in good standing with no offenses*

*\* Consequences will start over every Monday*

**CONSEQUENCES: *(Healthy Undercurrent: Consistency and Parental Unity)***

**One** warning/ reminder for not following the rule for school success will be given per day by **either** mom or Step father Josh

**1st Offense =** No daily reward + No DVD player for 2 nights

**2nd Offense =** No daily reward + No DVD player for 2 nights + No Radio in Room

**3rd Offense =** No daily reward + No DVD player for 2 nights + No Radio in Room + all hair styling aids confiscated for 24 hours

**PARENTS’ ROLE: *(Healthy Undercurrents: Consistency, Parental Unity, Supportive Communication & Nurturance)***

 Mom & Josh will use Button Buster Exit and Wait immediately after giving a consequence

 Mom and Josh will talk privately each night before bed about how the contract went that day and will NOT discuss Sarah’s

Behavior in front of Sarah

 Parents will set a meeting with Sarah’s teacher immediately if they receive a negative report via email.

 Parents will use Button Busters Short and to the Point, Exit and Wait, and a Calm Voice to avoid being “hooked” into an

Argument with Sarah about her school performance or homework.

 Parents will give Sarah an unconditional PTR for the next 30 days whether or not Sarah obeys this contract.

 Parents will access school support from Vanessa Bryant at USCG Work Life to ensure Sarah’s success

**SCHOOL’S ROLE: *(Healthy Undercurrent: Support Network Mobilized)***

 Upon request by Sarah, parent, teacher will meet with family to troubleshoot contract.

 Testing, developing a IEP for Sarah

**Sarah’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_**

**Mom & Step dad’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_**