

- Option A: Graduation and Red Flags Checklist-** Overall, your family and child self-report (and your therapist is in agreement) a 70% or higher playbook effectiveness on a 0% to 100% rating scale (presented at the beginning of Phase V). It is decided between you and your therapist that your child and your family is ready for graduation and to finalize your Red Flags Relapse Prevention Checklist along with scheduling the first 30-day callback with your PLL therapist.
- Option B: Tweak the Current Playbook-** If your playbook is not working at a 70% or higher effectiveness (i.e., need more practice role-plays/dress rehearsals, need more clarification, need to include key missing extended family members, etc.) a pre-determined number of additional sessions is negotiated with your PLL therapist to work through any identified barriers.
- Option C: Pick a New Problem and Build Another Playbook-** You, as a family, agree that although the first playbook was successful, other critical wounds still linger and remain (i.e., unresolved grief is a success but still have unforgiveness). It is also agreed that you as a family do not yet feel confident or strong enough to complete and implement a second playbook on your own. A specific number of new sessions is then negotiated with your PLL therapist.
- Option D: Additional Safety or Misuse of Power Issues Emerge-** Additional safety issues emerge or old ones resurface. Healing wounds can act as a cork on a bottle. Once the cork is removed, extreme behavioral problems may reemerge or occur for the first time with your child or teenager. They may be temporary but you, as the parent or caregiver, still need a behavioral or hybrid contract to weather the storm. A specific number of new sessions is then negotiated to help tweak an existing safety plan or behavioral contract or build a new one.
- Option E: Terminate Against Therapist's Recommendation-** The therapist and your family may disagree as to next steps. Your therapist may advise you that critical work still needs to be done but one or more key family members refuse to go any further. At this point, termination of treatment proceeds forward against your therapist's recommendation. However, the door is left open to return at any time if relapse occurs and the family agrees to then follow the therapist's recommendations.