



Parenting with Love and Limits®

www.gopll.com

PLL IPR VIDEO SUPERVISION ASSESSMENT

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IPR Video Supervision PLL MI Call/Intake IPR Measure

Therapist's Name:					
Date of MI Call/Intake IPR Review:					
Number of Video IPR Measure Checks for this MI Call/Intake:					
Fidelity Check Components	Rating				
1. How closely did the therapist follow the Motivational Interview Phone Call Script or Orientation/Intake Script as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
2. How well did the therapist use transition statements to move to the next question as illustrated in the video clip?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
3. How well did the therapist demonstrate joining/engagement/rapport with teens and/or parents as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. How well did the therapist use reflection and summary statements to clarify and maintain appropriate timing as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. How well did the therapist use tracking questions as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the therapist utilize props/materials to engage the client/family during the orientation/intake?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. How well did the therapist demonstrate enthusiasm and energy in "selling" the PLL program?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

Rating: ____/35 = ____%

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision PLL Group IPR Measure

Therapist's Name:					
PLL Group Session #:					
Date of IPR Review:					
Number of Video IPR Measure Checks for this PLL Group Session:					
Fidelity Check Components	Rating				
1. How closely did the therapist follow the Group Therapy manual script in this section of the class as demonstrated by the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
2. How closely did the group leader demonstrate the central concept or technique in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
3. How well did the group leader demonstrate a smoothness or flow of delivery within the section of the class in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. How well did the group leader demonstrate Joining/engagement/rapport with teens and/or parents as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. How well did the group leader demonstrate choreographic integration with props and technology as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the group leader integrate usage of self into presentation (i.e., personal examples, stories, humor, etc.) as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. How well did the group leader integrate voice inflection (i.e., dramatic, low, high) into presentation as illustrated in the video clip shown?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

Rating: ____/35 = ____%

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision

PLL Coaching Core Phase #1 IPR Measure

Therapist:

Date of IPR Review:

Number of Video Fidelity Checks for Coaching Core Phase #1:

Fidelity Check Components	Rating				
1. How well did the therapist engage the family by gathering information on hobbies and interests and inquiring about their strengths/ what they are proud of in each other? (Was the pace appropriate? Did the therapist mirror the family? Did the therapist use good follow-up questions? Etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
2. Did the therapist use the giant flip chart to provide the visual component to the coaching session?	No 1			Yes 5	
3. How well did the therapist use smooth transition statements to segue into each segment of the session?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. How well did the therapist obtain each family member's overall stress on the scale of 0% - 100%?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. How well did the therapist obtain each family member's top three contributors to their overall stress?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the therapist categorize their stressors?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. Did the therapist obtain the % reductions for each stressor?	No 1			Yes 5	
8. How well did the therapist pursue the existence of any safety stressors, using the Survival Kit?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
9. How well did the therapist clearly explain the connection between the apples on the tree and their identified stressors/symptoms? (i.e. the roots are the undercurrents carrying the poison from the toxic seeds into the tree resulting in bruised apples/symptoms)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
10. How well did the therapist explain the four toxic seeds?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
11. Did the therapist use the Seed Definition Worksheet?	No 1			Yes 5	
12. Did the therapist expand the seed of Misuse of Power with the Survival Kit and write the family's evidence of this seed on the flip chart?	No 1			Yes 5	
13. How well did the therapist get each family's seed picks (have each family member vote on their top	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

two toxic seeds, tell reasons for their choices and write their choices on the flip chart)?					
14. Did the therapist re-write the symptoms in the form of a laundry list on the flip chart?	No 1		Yes 5		
15. Did the therapist have each member vote on the easiest/most important symptom to remove first and write their picks on the flip chart?	No 1		Yes 5		
16. How well did the therapist sell the family on his seed and symptom pick?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
17. How well did the therapist pursue the need for anyone else to attend the next coaching session?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
18. Did the therapist assign the reading homework assignment?	No 1		Yes 5		
19. How well did the therapist consolidate gains by asking the family what was most helpful about the session and getting their commitment to come back?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
20. How evident was the therapist's x-factor (Joining, engagement, rapport, use of self, enthusiasm, ability to work both sides of the fence, etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

RATING: ____/100= ____%

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

Scene (Clip)	Strengths	Areas for Improvement

IPR Video Supervision

PLL Coaching Core Phase #2 IPR Measure

Therapist:

Date of IPR Review:

Number of Video Fidelity Checks for Coaching Core Phase #2:

Fidelity Check Components	Rating				
1. Did the therapist present the feedback loops either on the giant flip chart or with power point?	No 1		Yes 5		
2. Did the therapist present three feedback loops – one before feedback loop, one after feedback loop demonstrating the teen getting a reward, and one after feedback loop demonstrating the teen getting the consequence?	No 1		Yes 5		
3. How well did the therapist present the feedback loops? (I.e. clearly illustrate the unhealthy and healthy undercurrents and new techniques on the feedback loops)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. Did the therapist copy the outline of the contract around the symptom pick on the flip chart before the session began?	No 1		Yes 5		
5. How well did the therapist utilize a sample contract in the contracting process in order to avoid getting stuck?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the therapist use the Survival Kit in the session (i.e. to help convert their #1 complaint/symptom pick into a concrete rule; to explore the top 3 areas for rewards and consequences)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. How well did the therapist help the family create an ironclad rule around the symptom pick?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
8. Did the therapist emphasize the concept of privileges versus rights when beginning the process of identifying meaningful rewards?	No 1		Yes 5		
9. Did the therapist bring a copy of the rewards the teen came up with in class #3?	No 1		Yes 5		
10. How well did the therapist help the family identify meaningful rewards and write them on the flip chart? (Daily and Bonus Reward)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
11. How well did the therapist help the family identify meaningful consequences and write them on the flip chart?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
12. Did the therapist assign the reading homework assignment?	No 1		Yes 5		
13. Did the therapist ask the family what was most helpful about the session?	No 1		Yes 5		

14. How evident was the therapist's x-factor (Joining, engagement, rapport, use of self, enthusiasm, ability to work both sides of the fence, etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
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RATING: ____/70 = ____%

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision

PLL Coaching Core Phase #3 IPR Measure

Therapist:

Date of IPR Review:

Number of Video Fidelity Checks for Coaching Core Phase #3:

Fidelity Check Components	Rating				
1. Did the therapist present the typed out contract to the parents?	No 1		Yes 5		
2. How well did the therapist review the contract, making sure nothing has been overlooked?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
3. Did the therapist have the Classic Derailing Moves Cheat Sheet pre-written on the flip chart in order to develop parent countermoves?	No 1		Yes 5		
4. How well did the therapist use the Story Board process to help the family develop backup plans around the delivery of the Rule?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. How well did the therapist do dress rehearsals with the parents to get them battle ready to present the rule – Part 1 (i.e. practice countermoves to the teen’s curveballs)?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the therapist use the Story Board process to help the family develop backup plans around the delivery of the Reward?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. How well did the therapist do dress rehearsals with the parents to get them battle ready to present the Reward – Part 2 (i.e. practice countermoves to the teen’s curveballs)?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
8. How well did the therapist use the Story Board process to help the family develop backup plans around the delivery of the Consequences?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
9. How well did the therapist do dress rehearsals with the parents to get them battle ready to present the Consequences – Part 3 (i.e. practice countermoves to the teen’s curveballs, practice NOT PILING ON)?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
10. With the teen present, how well did the therapist assist the parent in presenting the rule to the teen?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
11. How well did the therapist have the parent actually role play with the teen delivering the reward and consequence with verbal praise and appreciation and use of button busters?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
12. How well did the therapist troubleshoot for any additional barriers to successful implementation of the contract(s)?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
13. Did the therapist ask the family what was most helpful about the session?	No 1		Yes 5		

14. How evident was the therapist's x-factor (Joining, engagement, rapport, use of self, enthusiasm, ability to work both sides of the fence, etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

RATING: _____ /70 = _____ %

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

Scene (Clip)	Strengths	Areas for Improvement

IPR Video Supervision

PLL Coaching Core Phase #4 IPR Measure

Therapist:

Date of IPR Review:

Number of Video Fidelity Checks for Coaching Core Phase #4:

Fidelity Check Components	Rating				
1. Did the therapist review how the contract is working by asking the teen and parents, using a scale of 0% to 100%?	No 1		Yes 5		
2. Did the therapist illustrate their overall % rating on the giant flip chart with the scale drawn out?	No 1		Yes 5		
3. How well did the therapist use mini scales to consolidate changes and celebrate success?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. How well did the therapist help the family identify concrete steps needed to raise the overall success percentage?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. How well did the therapist explain the Decision Tree to help the family decide "where to go from here"? (Re-negotiate for more coaching sessions to make changes and work further on the existing contract, develop a new contract, move into wound work, or begin graduation procedures?)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. How well did the therapist do relapse prevention, using the giant flip chart to write the concrete "red flags" that would likely trigger a relapse along with action steps to take?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. Did the therapist write these "red flags" and action steps on a card to send home with the family?	No 1		Yes 5		
8. Did the therapist play the "Skills Seek" Game with the family to help ensure that they can generalize their skills to any future problems that may develop?	No 1		Yes 5		
9. Did the therapist use the Survival Kit when playing the "Skills Seek" Game to reinforce their familiarity with this workbook?	No 1		Yes 5		
10. Did the therapist schedule a 30-day call back with the family?	No 1		Yes 5		
11. Did the therapist ask the family what was most helpful about the session?	No 1		Yes 5		
12. How evident was the therapist's x-factor (Joining, engagement, rapport, use of self, enthusiasm, ability to work both sides of the fence, etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

RATING: _____/60 = _____%

PLL Supervisor's Review of Entire Video:
Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>

IPR Video Supervision
PLL Benchmark Meeting IPR Measure

Therapist:

Date of IPR Review:

Attendees:

Fidelity Check Components	Rating				
1. How well did the PLL Therapist demonstrate joining/engaging/rapport with the teen and family?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
2. How well did the therapist establish an atmosphere of enthusiasm and celebration by consolidating gains made by the teen and/or parents?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
3. How well did the therapist evidence preparation work for the meeting (i.e. presentation of where the team thinks the teen/family is on key benchmarks, etc.)?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
4. How well did the therapist help the family identify concrete steps to reach specific benchmarks?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
5. (If applicable) How well did the therapist collaborate with the treatment team and teen and/or family to outline a concrete plan to get back on track?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
6. (If applicable) How well did the therapist collaborate with the treatment team and family to outline a countdown initiation plan for graduation or release back into the community?	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5
7. Did the therapist ask the family what was most helpful about the meeting?	No 1		Yes 5		
8. How evident was the therapist's x-factor (Joining, engagement, rapport, use of self, enthusiasm, ability to work both sides of the fence, etc.)	Never 1	Rarely 2	Sometimes 3	Often 4	Almost Always 5

RATING: ____/40 = ____%

PLL Supervisor's Review of Entire Video:

Key Fidelity Issues –

Strengths:

Areas for Improvement:

IPR Clip Review: (Self, Peer, Supervisor Review)

Clip Link – www.vimeo.com/

Password –

<i>Scene (Clip)</i>	<i>Strengths</i>	<i>Areas for Improvement</i>
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