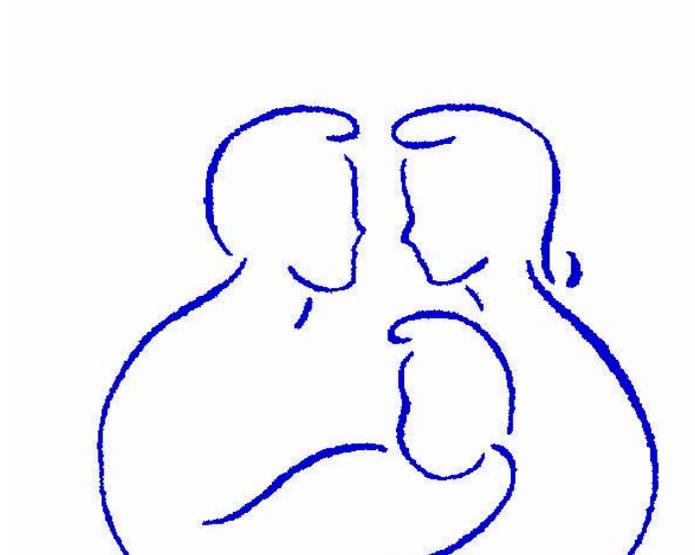


Savannah Family Institute

*Helping Professionals, Parents, and Tough Teens Find
Solutions*

WORKSHOP PLANNER



Main Office
161 Passaic Lane
Richmond Hill, GA 31324
Phone (912) 727-2840
FAX (912) 727-2847

Business Development Division :
Diana L. Bala, MA, PCC, NCC
164 Ferguson Drive
Tallmadge, OH 44278-2812
Phone (330) 630-0555
Fax (330) 630-3155



Thank you for your interest in Savannah Family Institute's workshops dealing with the treatment of tough and defiant adolescents and their families. We look forward to conducting a workshop for your organization in the near future!

Enclosed you will find information on planning a workshop, including...

- A workshop checklist
- Complete descriptions, course objectives and agendas for each workshop
- About the author
- Personal bios of our trainers
- Workshop evaluations

If you would like to receive a short video describing our workshops and what makes them unique, please call or e-mail us. We will be more than happy to send you a copy!

Once again, we look forward to working with you. If you have any additional questions, or would like to schedule a workshop, please contact us at the e-mail address or phone number below.

Sincerely,

Scott P. Sells, Ph.D.
Executive Director
Savannah Family Institute

Workshop Checklist

1. DECIDE ON A TOPIC FOR YOUR WORKSHOP

SFI currently conducts workshops on several different applications for treating tough adolescents, tough children, and their families. SFI currently offers the following three standard workshops, any of which can be tailored to meet the needs of almost any agency, group or type of population you work with, such as foster care, school-based problem, or juvenile sex abuse:

1. **Treating the Out of Control Adolescent and Child: A 7-Step Model to Restore Love and Limits**
2. **Treating the Secret Wounds of Kids and Adults**
3. **Parenting with Love and Limits: Parenting Education Groups For Defiant Teens and Children**

Please see the next section, "Workshop Overviews," for complete descriptions, agendas and course objectives.

2. CALL AND SCHEDULE A DATE FOR YOUR WORKSHOP

The first order of business is to call and schedule a date for the workshop. The calendar fills very quickly, so please call early. One suggestion -- from our experience, therapists working in agencies typically prefer workshops conducted during the work week. On the other hand, professionals in private practice tend to prefer that at least one day of the workshop occur on a weekend so they do not have to miss two days of work.

If possible we recommend two days of initial training in the approach. Advanced level workshops can often be completed, however, in a single day.

Savannah Family Institute is proud to have a highly skilled and experienced team of trainers, all hand picked and intensively trained by Dr. Sells (see the attached biographies).

To schedule your workshop, please contact:

Diana L. Bala, Business Development Specialist
Savannah Family Institute
Toll Free 1-800-735-9525
Direct Line (330) 630-0555
Fax (330) 630-3155
Email: diana@difficult.net

3. WE WILL SEND YOU A TRAINING AGREEMENT

Once we have settled on a date and scheduled a trainer, we will mail you a simple Training Agreement outlining the details of our agreement. This memorandum will include the following information: (1) dates for the workshop; (2) statement of workshop fee and other costs; (3) workshop topic; (4) statement of cancellation policy.

Please note that workshop dates are *not* guaranteed until the Training Agreement has been received and signed by both parties. You may fax the agreement to SFI at: (912) 727-2847.

4. PRODUCE AND MAIL YOUR OWN BROCHURE

Upon your request, we will be happy to supply you with sample brochures. Please feel free to copy from these samples to create your own brochure. If you have any questions or would like our input, please call us at 1-800-735-9525.

Workshop Descriptions

Treating the Out of Control Adolescent and Child: A 7-Step Model to Restore Love and Limits

Our most popular workshop is based on Dr. Sells' first book, **Treating the Tough Adolescent: A Family-Based Step by Step Guide** (Guilford Press, 1998) and his recent best-selling book, **Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love** (St. Martin's Press, 2001). We can complete an overview in one day, or a an intensive workshop in two days (see attached agendas).

This workshop will demonstrate a 7-step approach to engaging the uncooperative parent and adolescent or child, end button pushing, reestablish authority through ironclad contracts, and restore lost nurturance between parent and child. Using video, case examples, and role-plays, you'll learn how to apply all 7-Steps.

After helping the parents understand why their child is out of control, the model deals with such issues as how to reduce parents' knee-jerk reactions, how to contract for change, how to set up creative consequences, how to reintroduce nurturance once behavior comes under control, and how to look for the underlying problems, such as marital discord or substance abuse, that often block success.

You will also learn the specific consequences necessary to stop the child's seven big guns of: truancy, running away, suicidal threats, violence, disrespect, sexual promiscuity, and drug and alcohol abuse.

You'll leave with a full tool kit for helping parents improve their parenting skills and knowing how to reach the resistant child or adolescent.

This seminar material is appropriate for a clinical audience, but clinicians often bring the parents they are working with, and have reported great success.

"Dr Sells' book offers a sensible and strategic approach to resolving the family problems of difficult kids...This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating children and their families."

-Jay Haley, Founder of Strategic Family Therapy

COURSE OBJECTIVES

1. Diagnose why children and adolescents are oppositional and how to effectively treat this population through the illustration of specific clinical markers diagrammed within the 7-Step SFI Model.

2. Learn and apply specific principles and guidelines on how to engage the uncooperative child or adolescent, plus creative consequences to stop the extreme behaviors of substance abuse, violence, suicide, disrespect, truancy, and running away.
3. Learn and apply specific principles and guidelines on how to engage the uncooperative parents, empower the single parent, and change parent-child communication and confrontational patterns, plus six strategies to restore tenderness within the family.
4. Apply the strategies of the Parent Survival Kit to show parents why their children or teens misbehave, and the 7-step process needed to reestablish their lost authority and restore lost nurturance.



Parent Survival Kit

Parents will use the study guide exercises to create their very own contracts custom designed to work with their particular children or teens. The book, the video, and the study guide work in tandem to maximize the parents' knowledge base and ability to quickly turn around their troubled children or teens.

Treating the Out of Control Adolescent and Child: A 7-Step Model to Restore Love and Limits

DAY ONE

9:00 am – 10:00 am	<p>Step #1 Why the Out-of-Control Child Misbehaves: The Top 7 Reasons</p> <p> Video Demonstration <i>How Parents Get Defeated: Kids Play the Process Game Like A Master Chess Player</i></p>
10:00 am-10:15 am	BREAK
10:15 am-11:15 am	<p>The 7-Step SFI Model: An Overview</p> <p>Stopping Parent Resistance Cold in Its Tracks:</p> <p> Video Demonstration: <i>The Road Less Traveled</i></p> <p> Video Demonstration: <i>The Boy Who Heard Voices: The Devil Made Me Do It</i></p>
11:15 am- 12:00pm	<p>Attachment Theory: Why Parents of Conduct Disordered Kids Love but No Longer Like Them</p> <p> Video Demonstration: <i>Locating Undercurrents to Restore Attachment</i></p>
12:00 pm-1:00 pm	Lunch on Your Own
1:00 pm-2:00 pm	<p>Step #2- How to Write an Ironclad Contract that Actually Works</p> <p> Video Demonstration: <i>How to Produce the Ideal Contract</i></p> <p>Step #3:Troubleshooting: Thinking Two Steps Ahead of the Child</p> <p> Video Demonstration: <i>Getting the Parent Battle Ready</i></p>
2:00 pm-2:15 pm	Break
2:15 pm-4:30 pm	<p>Step #4 – Button-Pushing: Why Parents and Counselors Lose</p> <p> Video Demonstration: <i>How Parents Drop in Chronological Age</i></p> <p>Step #5 – Creative Consequences to Stop the Teen’s 7 Aces (Disrespect, Truancy, Running Away, Violence, Sexual Promiscuity, Alcohol and Drug Use, and Threats of Suicide)</p> <p> Video Demonstration: <i>The Daughter who Cried Wolf</i></p> <p>Step #6 – Mobilizing Outside Helpers Like Friends and Neighbors</p> <p>Step #7– Reclaiming Lost Nurturance and Tenderness</p> <ul style="list-style-type: none"> ▶ Education and Normalization ▶ Hugs ▶ Special Outings <p> Video Demonstration: <i>I Became a Man through My Father’s Eyes</i></p>

DAY TWO

8:30 am – 9:30 am

A Menu of Creative Consequences to Stop the Teenager's "Seven Aces"

Ace #1: Truancy and Poor School Performance

 **Video Demonstration** *To Wear a Beanie or not to Wear a Beanie: That is the Question*

Ace #2: Running Away

Ace #3: Threats or Acts of Violence

 **Case Study** *Rebecca Be Good: A 16-year-old Out of Control and Suffering From Multiple Truancy Disorder*

9:30 am – 9:45 am

Break

9:45 am – 12:00 am

Ace #4: Suicidal Threats

Ace #5: Disrespect

Ace #6: Alcohol or Drug Abuse

Ace #7: Teen Pregnancy

12:00 pm – 1:00 pm

Lunch on Your Own

1:00 pm – 2:00 pm

Working with Outside Systems: Friends, Neighbors, Police, Probation Officers and Other Counselors

 **Video Demonstration:** Community Family Therapy

 **Video Demonstration:** Foster Care A Different Kind of Animal

2:00 pm – 2:15 pm

Break

2:15 pm – 3:15 pm

Seven Strategies To Inject Nurturance Back Into the Parent-Teen Relationship

- ◆ Creating Soft Talk
- ◆ Education and Normalization
- ◆ Opportunities to Build Trust
- ◆ A New Approach To Criticism
- ◆ Acceptance of Underlying Feelings
- ◆ Physical Touch
- ◆ Special Outings

3:15pm – 4:00pm

 **Video Demonstration:** The Deep Healing of Love

Overview of the Six-Week Parenting Program

 **Video Demonstration:** Inner-Outer Circle and Panel of Parental Experts

Treating the Secret Wounds of Kids and Adults

When therapy bogs down with kids or adults, the most likely reason is that we've missed "undercurrents" — secret wounds such as unmourned losses, abandonment, violence, and other family secrets — all the things no one wants to talk about. In this workshop, you'll learn how to decipher the secret language of undercurrents, and how to ask the questions that will bring them to the surface.

Using videotaped case examples and role plays, the presenter will demonstrate techniques to help disarm parent, child, and adult defenses, generate therapeutic intensity, and choreograph enactments that bring avoided issues into the open. You will learn the optimal timing for undercurrent therapy and examine ethical and spirituality considerations that may arise. We discuss the use of this work with difficult kid problems, such as ODD, attachment disorders, conduct disorders, depression, substance abuse, eating disorders, and ADHD, and adult problems such as marital dysfunction, anxiety, and personality disorders.

This seminar material is appropriate for a clinical audience.

COURSE OBJECTIVES

1. Learn how to unstick your impossible kid and adult cases by identifying the "undercurrents" or underlying themes, such as wounds, abandonment, fear, violence, family secrets, role confusion, or suicidal thoughts, which lead to the re-birth and maintenance of horrific symptoms (conduct disorders, ADHD, eating disorders, substance abuse, and depression).
2. Learn how to take solution-focused treatment to the next level by using the techniques of scaling to uncover your clients' deep wounds that are keeping them stuck and unable to move forward.
3. Learn to spot undercurrents through your kids' and parents' body language and the specific questions needed to flush them out into the open.
4. Through video examples, learn to apply the specific techniques of "fever-making," "process choreography," "therapeutic rule breaking," and the "function of the symptom" to heal these undercurrents in your clients and families.
5. Learn to apply undercurrent therapy to spirituality and the special treatment populations of conduct disorders, depression, substance abuse, eating disorders, and attachment disorders.
6. Learn to evaluate ethical considerations, as well as the optimal timing of when and how to use the uncovering of deep wounds.

TREATING THE SECRET WOUNDS OF KIDS AND ADULTS

- 9:00 am – 10:00 am **The Secret language of Unresolved Wounds: Spotting These Wounds**
- 📺 Video Demonstration: Seeing Hidden Wounds
- 10:00 am – 10:15 am **Break**
- 10:15 am – 11:15 am **Gauging the Parent’s and Child’s Readiness For Change**
- How to Remove the Cotton In your Client’s Ears
 - Using Scaling and Storytelling in a Very Creative Way
 - How to answer their question “What’s in it for me?”
- 📺 Video Demonstration: *The Road Less Traveled*
- 11:15 am – 12:00pm **Bringing the Undercurrent Themes of Wounds, Attachment Disorders and Spirituality to the Surface**
- 📺 **Video Demonstration:** *Locating Undercurrents to Restore Attachment*
- 12:00 pm – 1:00 pm **Lunch on Your Own**
- 1:00 pm – 2:00 pm **Turning Up the Intensity Level to Unstick Parents & Couples**
- 📺 Video Demonstration: *I Became a Man through My Father’s Eyes*
- Moving From the Role of Therapist to Solution-Focused Coach**
Role Play: How to Move From Therapist to Coach
- 2:00 pm – 2:15 pm **Break**
- 2:15 pm – 2:30 pm **Predicting the Fallout of Change and Relapse Prevention**
- 📺 **Video Demonstration:** *Predicting Fallout with a Substance Abuse Couple*
- 2:30 pm – 4:00 pm **Moving Your Impossible Case to Healthy Undercurrents and Permanent Change**
- Undercurrents and Spirituality**
- 📺 **Video Demonstration:** *A Boy Demonically Possessed or Is He?*

Parenting with Love and Limits: Parenting Education Groups For Defiant Teens and Children

Based on Dr. Sells' new parenting education program, ***Parenting with Love and Limits***[®], this workshop outlines a six-week parent educational seminar that has been successfully used to teach parents and other caregivers the core skills they need to stop child or teen behavioral problems and prevent their further occurrence. It is the first parenting education program of its kind that is custom-designed for children and adolescents with severe emotional and behavioral problems. The goal of this program is prevention through proactive skill building.

We will show participants how to market the program to parents, the optimal use of handouts and how to get parents to complete essential homework assignments between classes. You will also see how specialized techniques, such as button pushing, contracting, and the restoration of lost nurturance, help to break down both parent and child resistance. Finally, we will show participants how to use this course as a filter to determine which families need more intensive one-to-one treatment and which need only periodic follow-up after the course is completed.

As part of the registration fee, participants will receive these materials (a \$158.00 value) to get started immediately:



Parenting With Love and Limits[®] (PLL)

PLL is a psycho-educational group taught by one group facilitator and involves only the parents. The teens can sit it at the group facilitators discretion, but they are there as observers. The primary customer is the parent.

Training Kit Includes

1 PLL Leader's Guide

1 PLL Parenting Class Video on DVD

The following accompanying materials will be available for purchase at the seminar and on the website:

1 Parenting Your Out of Control Teenager book

1 Parent Workbook

This seminar material is appropriate for a clinical audience.

COURSE OBJECTIVES

- 1) Learn to help parents select from a menu of research-based techniques to stop their difficult children or teens in the areas of disrespect, lying, fighting, running away, negative peer influences, ditching school, failing grades, ADD, and drug or alcohol use.
- 2) Learn to use the video clips to get resistant parents to complete essential homework assignments.
- 3) Demonstrate techniques used to make parents the experts in solving their own teenagers' problems.
- 4) Learn to use parent participation during the classes to demonstrate actual principles (i.e., contracting) that enable parents to solve current problems, thereby bridging the gap between video, discussion, and real life problems.
- 5) Learn to use the PLL Parenting Group as a filter to determine which families need more intensive one-on-one treatment and which only need periodic follow-up after the course is completed.
- 6) Learn to set up, successfully market, and conduct the six-week PLL parent training classes.

PARENTING WITH LOVE AND LIMITS: PARENT EDUCATION GROUPS FOR DEFIANT TEENS AND CHILDREN

9:00 am – 10:00 am

The Use of Icebreakers – Why is this a Good Beginning Intervention?

Overview of Six Classes

- Class #1: Venting and Why Teens Misbehave
- Class #2: Button-Pushing and Button Busters
- Class #3: Contracting and Recruiting Outside Helpers
- Class #4: Inner-Outer Circle Contracting and Troubleshooting
- Class #5: Neutralizing the 7 Aces
- Class #6: Restoring Nurturance and Graduation

What Makes This Seminar Different From Typical Parent Educational Experiences

- Breaking Parental Resistance
- The 7 Aces

10:00 am – 10:15 am

Break

10:15 am –12:00 pm

Learn Process #1 – The Art of Venting

- Empathizing, Not Sympathizing (What's the difference?)
- How do you gently neutralize a monopolizing or agitated parent?
- Can You Form Linkages?

Learn Process #2 – Inner/Outer Circle and Button-Pushing

- Can you be playful, getting parents and kids to buy into your playfulness and produce their own buttons?
- Finding the top 5 button busters.

12:00 pm –1:00 pm

Lunch on Your Own

1:00 pm –2:00 pm

Learn Process #3 – Demonstrate How to Construct Ironclad Rules

- Can you show parents how to “connect the dots” and go from a problem to a concrete and literal rule?
- Can you take a complex concept like contracting and simplify it?

2:00 pm –2:15 pm

Break

2:15 pm – 3:30 pm

Learn Process #4 – How to Inject Nurturance Back into These Families

- Can you integrate Movie Clips Into learning?
- Can you use experiential exercises like “nurturing a plant” to facilitate learning?
- Can ou sell a tough concept like nurturance?

3:30 pm – 4:30 pm

Questions – Discussion

Tailoring the Workshop Topics

The following are examples of topics that can be implemented into your program agenda to fit your specific needs.

Foster Care

Learn how to collaborate with multiple agencies that often possess different treatment philosophies in opposition to one another. Learn how to stop the cycle of foster children being moved from one placement to another. Get a roadmap to effectively engage larger systems.

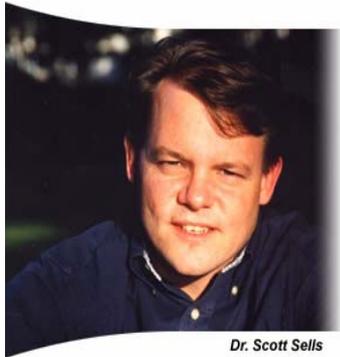
School-Based Problems

School bullying, disruptive classroom behavior and lack of parental involvement are common problems in today's schools. Learn specific techniques both within and outside the classroom to directly address these issues. An anger control program will be highlighted.

Juvenile Sex Offenders

Understand the cycle of abuse, including the type of family environment that is prone to creating a sexually abusive situation, and how and why the abuse occurs. Master the identification of the concrete and subtle signs that lead to the cycle of abuse. Learn how to effectively use family systems theory in working with Juvenile Sex Offenders as well as understand family dynamics in the treatment of Juvenile Sex Offenders

ABOUT THE AUTHOR



Dr. Scott Sells

Due to the wide acceptance of his books, Dr. Scott P. Sells has gained national recognition as an expert in the treatment of difficult teenagers. Currently, his ongoing lecture and workshop schedule reaches thousands of professionals and parents. Dr. Sells has been a practicing therapist for over 15 years, treating over 350 out-of-control teenagers and their families.

Background. Dr. Sells holds doctorate degrees in both Social Work and Family Therapy from Florida State University and a Master's degree in Social Work. He has previously served as a Full Professor at Savannah State University, teaching masters students in advanced clinical practice. Dr. Sells also serves as a consultant for the Department of Juvenile Justice, and as the

CEO of the Savannah Family Institute. Dr. Sells is receiving widespread media coverage for his work with an inner-city neighborhood, establishing a community center clinic that will treat at-risk children using the principles from his books.

Professional Memberships and Certifications

American Association for Marriage and Family Therapy - Approved Supervisor
Licensed Clinical Social Worker (Lic # 01790-C)
Licensed Marriage and Family Therapist (Lic # 01456)

Publications. Dr. Sells' first book, entitled Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide (Guilford, 1998), was based upon a four year outcome study of 82 difficult teenagers and their families. This book was featured as the alternate main selection in the Behavioral Science Book Club.

Dr. Sells' wrote his second book, entitled Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (St. Martin's, 2001), because current parenting books and counseling programs often did not address the special circumstances specific to the out-of-control teenager. This book is based upon a four year research study and contains the seven critical steps parents need to restore both love and limits with their teenagers.

In addition to these two books, Dr. Sells has had over a dozen major publications in preferred journals, plus a book chapter in the Handbook of Family Therapy Research Methods (Guilford, 1996).

Conference Presentations. Dr. Sells has extensive experience as a keynote speaker for national professional organizations like the American Association of Marriage and Family Therapy, the National Association of Social Workers and the Southeastern Psychological Association. He has also presented at national conferences for the Council on Social Work Education and at state conferences for the Nevada Association for Marriage and Family Therapy, the Georgia Association for Marriage and Family Therapy, the Clinical Social Workers' Association and the School Social Workers' Association of Georgia. Dr. Sells was invited to be one of six expert presenters at the American Association of Marriage and Family Therapy's prestigious Summer Institutes in Park City, Utah, and the Cape Cod Institute in Cape Cod, Massachusetts, honors given only to those in the field who are demonstrating cutting edge work in the field.

TRAINER BIOS

Scott P. Sells, Ph.D., LCSW has conducted seminars in over 80 cities for the past five years and spoken to over 12,000 professional counselors and parents based on his first book entitled, **Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide** (New York: Guilford Press, 1998) and his second book entitled **Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love** (New York: St. Martin's Press, 2001). He is a former Full Professor at Savannah State University and currently the Executive Director of Savannah Family Institute. Over the past fifteen years, Dr. Sells has treated over 350 difficult children.

Steven Burggraf, Ph.D., L.P.C.C. is the founder and Executive Director of Family Life Counseling & Psychiatric Services in Mansfield, Ohio, which was established in 1999. Family Life Counseling is an important business partner with Savannah Family Institute and is certified as an SFI Center of Excellence. Dr. Burggraf is firmly established in SFI's Parenting with Love and Limits® model and the SFI Model of Family Therapy. He received his Ph.D. in Clinical Psychology from Union Institute in 1999, and was licensed as a Professional Clinical Counselor in the state of Ohio in 1996. He specializes in adolescent and family behavioral health, and has been treating the tough adolescents and their families since 1996. Dr. Burggraf is also a Certified Marriage and Family Therapist and has been professionally affiliated with AAMFT since 1996. He has experience in providing psychological evaluations and counseling services for at-risk family members through Children's Services and Juvenile Court, providing administrative services as Director of Adolescent Mental Health & Substance Abuse Services at a psychiatric hospital, and has worked as a counselor in private practice. Dr. Burggraf is an ordained minister with the Christian and Missionary Alliance denomination, and has pastored in churches in Ohio and Michigan from 1983 to 1999. Dr. Burggraf's youth was sketched with its own difficulties, and he takes these experiences and relates well with the difficult youth and their family. He uses a systemic approach, and believes strongly in team efforts to bringing wholeness and healing to hurting families.

Ted Stein, CPC has spent the last decade helping unhappy families and couples choose more effective behaviors that result in rediscovering lost love and tenderness. Ted maintains a private practice in La Crosse, Wisconsin called Stein Counseling & Consulting Services, Ltd. And he is the director of SFI Wisconsin. Ted specializes in family, couple, and adolescent counseling using a solution focused approach. He is an adjunct professor at Viterbo University where he teaches Effective Behavior. He has twice been nominated for the University of La Crosse, Wisconsin Rada Distinguished Alumnus award. Ted is a member of the American Counseling Association (ACA), the Association for Specialists in Group Work (ASGW), the International Association of Marriage and Family Counselors (IAMFC), and the Association for Counselor Education and Supervision (ACES). Ted is a member of the distinguished Red Cross Disaster Relief Team Mental Health Services. Additionally, he is a Certified Corrective Thinking Practitioner and Certified Multi-Cultural Competent. Locally, Ted serves on the Juvenile Justice Coalition and the Child Abuse Task Force. He provides clinical supervision and consultation to other mental health professionals in the La Crosse Area. In 2002, Ted had one of his adolescent group services programs objectively evaluated and it was rated in the top 8% in the country for effective treatment of high risk adolescents.

Dan Sabourin has over 17 years of diverse experience with families and youth in various settings and environments, most of it related to youth justice, working with court ordered youth and their families. These settings include both closed and open custody youth between the ages of 12 and 18. Earlier in his career, Dan worked as a youth employment counselor, providing

both individual counseling and group facilitation to youth/young adults with employability issues. Dan has been a coordinator/manager for 10 years and recently co-developed a new initiative of offering crisis support for families and their children. He actively trains agency staff in crisis prevention and intervention and co-supervises a small team of family and youth workers. Dan has been trained as a facilitator in the Wraparound process, Community Justice Forums and Child Abuse. In addition, Dan has extensive training and experience in SFI's *Parenting with Love and Limits*[®] and SFI Family Therapy models.

Norm St-Georges currently works for a large youth-serving agency in Ottawa, Canada. The agency provides a wide range of services to high risk / high needs youth and their families. He spent the last 23 years providing services to very challenging youth and their families in different capacities and through different types of services. Norm has been a coordinator / manager for 13 of those 23 years. He also actively trains agency and school board staff in crisis prevention, management and intervention. Norm also acts as a consultant for diverse youth and adult-serving agencies to develop intervention strategies for out of control clients and implement action plans as well as train staff delivering those services. Norm also was a part time professor in a community college for a period of 5 years in a program forming youth counselors. Norm currently runs a program for youth who are expelled from the school system. This program provides services to the youth and their families in their own community. Norm has extensive training and experience in SFI's *Parenting with Love and Limits*[®] and SFI Family Therapy models.

WORKSHOP EVALUATIONS

The evaluations of the workshops are overwhelmingly favorable based upon the written comments received and the standard evaluation forms returned. Written comments seem to center around a theme that the workshop is highly practical, easy to understand, and fills the need for a step-by-step approach. Sample written comments include:

"I came as a parent, a professional, and a student. Rarely has a workshop been so useful to all the hats I wear." – Dr. Cynthia Wilburn, Phoenix, Arizona, March 17, 2001

"Motivating, practical, respectful, clear and "do-able" model. I've never experienced such a touching workshop that fills me with therapeutic hope". - Dr. John Marque, Sydney, Australia, March 2002

"The presentation made me excited about new ways of working, something I haven't felt from a workshop for a long time". Dr. Lynn James, Jackson Mississippi, June 2002

"Great workshop. Showed us that there is light at the end of the tunnel! That there is a proven program to help my out-of-control teenager". Betty Rutherford, Parent, January 2002, Chicago, IL.

The results from the standardized evaluation forms are favorable. The following table gives a summary of the numerical ratings from our presentations at the American Association of Marital and Family Therapy (2002), the Georgia Association of Marital and Family Therapy (2002), and the Master's Therapy Series (2001). These scores are representative of the scores from other workshops, which are also available upon request. Ratings are based on a 6-point scale, with a score of 6 being the highest. Averages for all the participants for each question were calculated.

Conference Session	My Rating	Average Score
American Association of Marital and Family Therapy (>02)		
I acquired new skills or knowledge.	5.67	4.54
The presenter had sufficient knowledge and expertise.	5.57	5.05
The method used to present held my attention.	5.22	4.27
The stated learning objectives were met.	5.37	4.95
The presenter presented material in an organized manner.	5.45	5.05
Georgia Association of Marital and Family Therapy (>02)		
1. I acquired new skills or knowledge.	5.89	Not available
2. The presenter had sufficient knowledge and expertise.	5.65	
3. The method used to present held my attention.	5.77	
4. The stated learning objectives were met.	5.57	
5. The presenter presented material in an organized manner.	5.81	
The Master's Series Conference (>01)		
1. I acquired new skills or knowledge.	5.91	Not available
2. The presenter had sufficient knowledge and expertise.	5.95	
3. The method used to present held my attention.	5.87	
4. The stated learning objectives were met.	5.89	
5. The presenter presented material in an organized manner.	5.83	

REFERENCES

Please feel free to contact any of the individuals listed below who have served as past sponsors of workshops by Savannah Family Institute.

Emilyn Gipson
Circle of Care for Families
2200 35th Place
Valley, Alabama 36854
Phone # (334) 768-4091
Email: CircleOfCare@Mindspring.com

Yvan Roy, M.ED
Clinical Director
Youth Services Bureau
1338 ½ Wellington, Ottawa Canada
Phone # 613-729-1000
E-mail: yvan@ysb.on.ca

Bill Bruinsma, Psy.D.
Executive Director
1000 S. Michigan St.
South Bend, In 46601
Phone # 219-235-5445
Email: bruinsma@jjiconline.org