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- CHECK LOCATION:
- Thursday, January 8th - San Diego, CA
 - Friday, January 9th - La Mirada, CA

- COST TO ATTEND:
- Early Bird Registration \$ 89 = []
Before December 15th
 - Standard Registration \$ 110 = []
After December 15th
 - Group Rate (3 or more) \$ 79/person = []
 - Non-Professional Parent Rate \$ 59 = []
 - CEU Certificate \$ 10 = []

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SEND COMPLETED REGISTRATION FORM TO:
Savannah Family Institute
P.O. Box 2059
Rincon, GA 31326
Fax (912) 826-2369
-OR-
ONLINE REGISTRATION:
www.difficult.net

Continuing Education Credit

Savannah Family Institute is recognized by the National Board for Certified Counselors (Provider #5854) as a provider of CE credits. CEU hours have been applied for in Psychology, Social Work, and Marriage and Family Therapy. To receive a continuing education certificate include a \$10 recording fee with your registration. Please call (912) 826-3336 if you have any questions.

Confirmation of your registration will be sent by fax or email within 5 days of receipt of your completed form. Workshop fees include handouts and refreshments, but not breakfast, lunch, or parking. We regret that we cannot accept any registrations by phone. All cancellations must be in writing by mail, fax, or email. Cancellations received more than 7 days prior to the workshop will receive full refunds less a \$25 administrative fee. No refunds will be made for cancellations received the week before the workshop, although substitutions are accepted. If you have any questions about the workshop, please call our toll-free (800) 735-9525, or visit our web site at www.difficult.net.

Savannah Family Institute
P.O. Box 2059
Rincon, GA 31326
F912) 826-2369
www.difficult.net


Treating Impossible Cases: Transforming Hard to Reach Kids and Disconnected Parents

Thursday, January 8th, 2004
Holiday Inn Select San Diego
595 Hotel Circle So.
San Diego, CA 92108
800-433-2131

Friday, January 9th, 2004
Holiday Inn Select La Mirada
14299 Firestone Blvd.
La Mirada, CA 90638
714-739-8500


-Featuring -

Scott P. Sells, Ph.D.
Parenting Your Out-of-Control Teenager



-&-


Christian Moore, L.C.S.W.
The Program for At Risk Youth



"Dr Sells' book offers a sensible and strategic approach to resolving the family problems of difficult adolescents. This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families."
-Jay Haley, MA founder of Strategic Family Therapy

"This is the first workshop I've attended where I can actually use the strategies I learned with my clients the next day at work."
- Dr. Gene Alligood, Burlington, VT.


"I came as a parent, professional and a student. Rarely has a workshop been so useful to all the hats I wear."
- Dr. Cynthia Wilburn, Phoenix, AZ



SAVANNAH FAMILY INSTITUTE

www.difficult.net

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Why Try

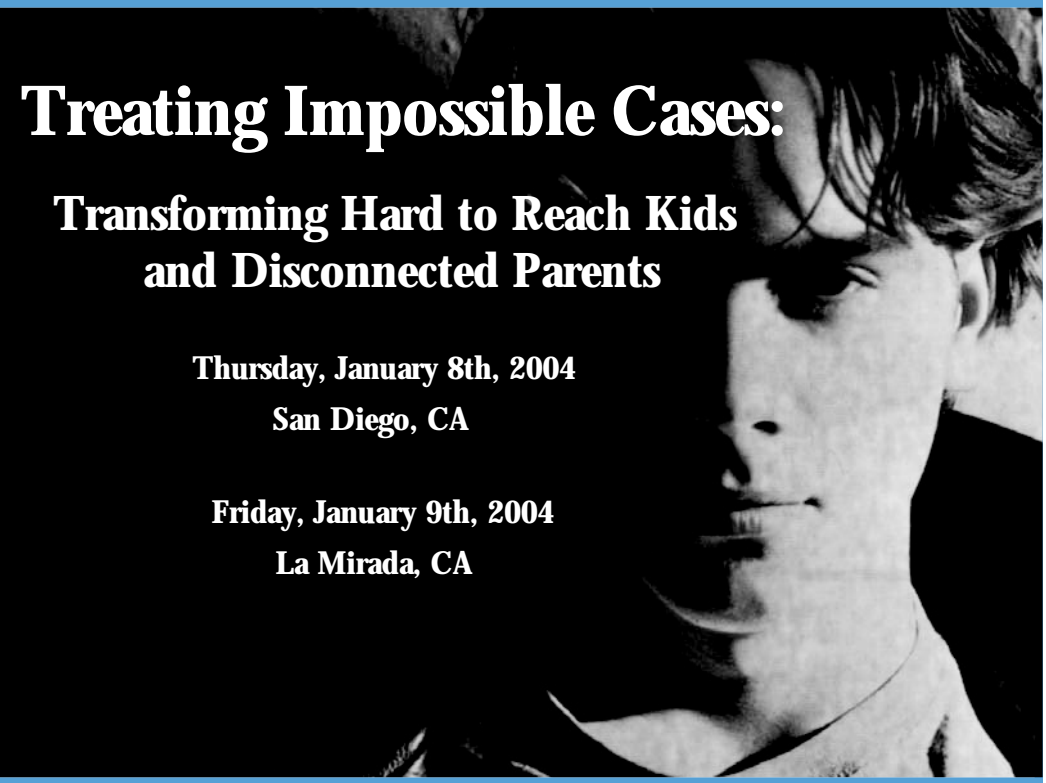
www.whytry.org

Present

Treating Impossible Cases: Transforming Hard to Reach Kids and Disconnected Parents

Thursday, January 8th, 2004
San Diego, CA

Friday, January 9th, 2004
La Mirada, CA



- Featuring -


Scott P. Sells, Ph.D.
Author of
Parenting Your Out-of-Control Teenager



-&-

Christian Moore, L.C.S.W.
Developer of
The WhyTry Program for At-risk Youth

-&-

**Treating the Tough Adolescent:
A Step-by-Step Guide**



Scott P. Sells, Ph.D.
Parenting Your Out-of-Control Teenager
&
Treating the Tough Adolescent: A Step-by-Step Guide

Location:

Thursday, January 8th, 2004
Holiday Inn Select San Diego
595 Hotel Circle So.
San Diego, CA 92108
www.holidayinnselectsd.com

Friday, January 9th, 2004
Holiday Inn Select La Mirada
14299 Firestone Blvd.
La Mirada, CA 90638
www.ichotelsgroup.com

WORKSHOP AGENDA JANUARY 8TH & 9TH

9:00 - 9:10 am	Welcome, Objectives for the Day
9:10 - 9:30 am	Christian Moore -Why Cases Are Impossible and How to Bring Hope •Brief Introduction to WhyTry Program •The Reality Ride - Teaching Consequences
9:30 - 10:00 am	Scott Sells- Why Are Kids and Teens Defiant and Out of Control •Clear Rules and Consequences Defined •Teens Understand the Game of Button Pushing •Unclear Rules: A Case of Literal Disease 9 Video Demonstration: <i>How Parents Get Defeated: They Do Not Understand Process</i>
10:00 - 10:10am	Christian Moore Tearing Off Labels - Teen self-perception
10:10 - 10:30 am	Scott Sells- Engaging the Resistant Parent and Teenager: Knowing the Stages of Readiness •Precontemplation " Contemplation " Preparation " Action " •Maintenance " Termination •Role Play and Video: How to Engage the Unmotivated Parent 9 Video Demonstration: <i>The Father Who Could Not Say No</i>
10:30 - 10:45 am	Break
10:45 - 11:15 am	Christian Moore Defense Mechanisms - Controlling Conflict
11:15 - 12:00 pm	Scott Sells-Undercurrents- The Hidden Language of Impossible Cases 9 Video Demonstration: <i>The Parentified Parent</i>
12:00 - 1:00 pm	Lunch on Your Own
1:00 - 1:30 pm	Christian Moore Climbing Out - Responding to Peer influence Jumping Hurdles - Problem solving model, getting help Plugged-in - Building nurturing relationships
1:30 - 2:30 pm	Scott Sells- Contracting, Troubleshooting and Stopping the 7 Big Guns •Why Traditional Contracts Fail •How To Get Parents To Agree on Top Three Problem Behaviors •Converting Unacceptable Behaviors To Concrete Rules •Creative Consequences to Stop Disrespect, Truancy, Drug or Alcohol Abuse, Running Away, Violence, Sexual Promiscuity, and Threats of Suicide 9 Video Demonstration: <i>What Happens When You Don't Have a Clear Contract</i>
	Break
2:30 - 2:45 pm	Christian Moore Lift the Weight - Laws and Rules Seeing Over the Wall - Hope and Vision
2:45 - 3:00 pm	
3:00 - 3:30pm	Scott Sells- Six Strategies To Inject Nurture Into the Parent-Teen Relationship 9 Video Demonstration: <i>The Deep Healing of Love and The Field of Dreams</i>
3:30 - 4:00pm	Christian Moore The Motivation Formula

Dates

Thursday, January 8th, 2003 - San Diego, CA

- & -

Friday, January 9th, 2003 - La Mirada, CA

Locations

Holiday Inn Select La Mirada - 14299 Firestone Blvd.
La Mirada, CA - 800-433-2131

Holiday Inn Select San Diego - 595 Hotel Circle So.
San Diego, CA - 714-739-8500

Workshop Objectives for Professionals

Professionals who complete the Thursday and Friday workshop will learn:

- A 7-step approach to engage the impossible parent and child, reestablish authority through ironclad contracts, and restore lost love between parent and child.
- A multi-sensory, practical approach to teach teens social and emotional skills, in a language that they both understand and remember.
- A menu of very creative consequences that will blow the teen's mind to stop their 7 big guns or extreme behaviors truancy, running away, suicidal threats, violence, disrespect, sexual promiscuity, and alcohol and drug abuse.
- How a lack of nurturance between parent and child is directly related to a teen's misbehaviors and the strategies needed to inject softness back into the relationship.
- How to stop the emotional arms race between parents and teens by neutralizing the top 10 buttons that teens push on their parents and the top 8 buttons parents push on their teens.
- A See it, Hear it, Do it, tool-kit for teens, providing hope, insight, and power to change for even the toughest teens.

"This is the first workshop I've attended where I can actually use the strategies I learned with my clients the next day at work." -
Dr. Gene Alligood, Burlington, VT.

"Dr Sells' book offers a sensible and strategic approach to resolving the family problems of difficult adolescents...This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families."-
Jay Haley, MA founder of Strategic Family Therapy

"I came as a parent, professional, and a student. Rarely has a workshop been so useful to all the hats I wear." -
Dr. Cynthia Wilburn, Phoenix, Arizona

"Every now and then a totally new approach comes along to address the problems that people face everyday. The WhyTry Program does just that. The multi-sensory approach, which taps the visual, verbal, and musical talents of students, is a simple and compelling guide that can be used by anyone working with youth."

Dr. Carolyn Olivier - Education Director - *Hello Friend - Ennis William Cosby Foundation*

"Many (of our) counselors have collected data on changes in student behavior and school performance. The positive results are impressive. I give Christian Moore and the Why Try program my highest recommendation. . ."

Dawn Kay - *Utah State Office of Education*

Dr. Scott P. Sells, **Ph.D., LCSW , LMFT**

Dr. Scott Sells is a Full Professor of Social Work at the Savannah State University and the Executive Director of the Savannah Family Institute, Savannah, Georgia. Over the past 4 years, Dr. Sells has conducted seminars in over 80 cities and spoken to over 20,000 professional counselors and parents, based on his first book, *Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide* (New York: Guilford Press) and his second book, *Parenting Your Out-of-Control Teenager* (St. Martin's Press, 2001). This work is detailed at the Savannah Family Institute website (www.difficult.net).

Over the past fourteen years, Dr. Sells has personally treated over 800 difficult children and has had phenomenal success with sex offenders using the 13 Step Madanes Model. He has recently developed a 6-week parenting education program, *Parenting with Love and Limits^a* for parents and their teenagers. Dr. Sells is currently conducting counselor certification training throughout the country and around the world. Dr. Sells is the author of 12 major publications and two book chapters.

Christian Moore, **LCSW**

Christian Moore is a Licensed Clinical Social Worker with has several years experience working with at-risk youth, including work as a school counselor at an alternative high school, and as a youth outpatient therapist at a community mental health agency specializing in adolescents with conduct disorder and learning disabilities. He is the Founder and CEO of the WhyTry Organization and is the creator of The WhyTry Program. He is a sought after presenter and has given several keynote addresses, speeches and presentations at conferences across the United States.

More information about the WhyTry Program can be found at the WhyTry Organization web site. (www.whytry.org)

To Register Online www.difficult.net